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## **AL ALONSO**

### ***Head Coach***

When NJIT revived its men's cross-country program in 2003, and added a women's team for the first time, **Adalberto M. Alonso, PE**, was the ideal candidate to coach both programs.

Prior to NJIT, Alonso spent 19 years as the head men's coach and 11 as head women's coach at Stevens Institute of Technology. He was the first coach of the Ducks' women's program. Stevens' men's teams won their final 53 dual meets under Alonso, and never had a losing season. His women's teams were 28-12 and won their last 18 dual meets. He was the youngest head coach in Stevens history in any sport and ranks first all time at the school in winning percentage in any sport.

Alonso was named Independent Athletic Conference Coach of the Year in 1993, 1995 and 1996, and has produced 38 all-conference runners, including four at NJIT. He was also the head men's and women's track and field coach at Stevens for six years, and currently coordinates a track and field club at NJIT.

As an undergraduate at Stevens, Alonso was instrumental in making cross-country a varsity sport. He was president of the Ducks' club team his first two years. Then, as a junior, he led the inaugural varsity squad to the IAC championship.

Alonso earned a bachelor of engineering degree in electrical engineering from Stevens in 1983 and an MBA from Fairleigh Dickinson University in 1988. He is a licensed professional engineer in the state of New Jersey and has Level-2 certification from United States of America Track & Field (USATF). He resides in West New York, New Jersey.

## **DAVID CZEIZINGER**

### ***Assistant Coach***

**David Czeizinger** has been a collegiate assistant coach for 12 years and recently completed his second season with the Highlanders.

Czeizinger's coaching career started as a volunteer assistant at Stevens Institute of Technology under Coach Alonso. After one season, Alonso hired him to help build the women's team to a conference championship level.

The Ducks, who struggled to a 5-8 dual meet record in the year before his arrival, went 23-4 over the next seven seasons. In that time, they won the first conference title in school history and had an individual league champion for the first time.

Czeizinger has been an avid runner for more than 25 years and still competes in the master's division at distances from the mile to the marathon. He is a 1978 graduate of Stevens with a degree in materials engineering.





# ATHLETICS FACILITIES

The NJIT cross-country teams host meets at **Van Cortlandt Park** in Bronx, New York, and **Branch Brook Park** in Newark.

The teams have access to all of the facilities in the **Estelle and Zoom Fleisher Athletic Center**. These include the fitness area (containing computer-controlled biking equipment, Cybex resistance units, and an indoor track), two weight rooms (free-weight and hammer-strength), four racquet-ball courts, a martial arts/fencing center, a six-lane swimming pool, and four lighted outdoor hardcourt tennis courts.

The Highlanders' men's and women's basketball and volleyball teams play their home events in the main gymnasium of the Fleisher center. The facility can entertain crowds of up to 1,500, and is also open to the campus community during selected hours for recreation.

**Lubetkin Field**, home to the men's and women's soccer teams, recently underwent a \$1.2 million renovation project, including the installation of SprinTurf artificial grass and a rubberized running track. It contains a midfield scoreboard and pressbox facilities, and its bleacher seating can hold approximately 1,000 spectators. Also, the newly expanded and renovated Campus Center houses six bowling lanes.

NJIT is in the midst of a three-year agreement with the independent Newark Bears Professional Baseball Club to play its home games at **Bears & Eagles Riverfront Stadium** in downtown Newark.

## NJIT CROSS-COUNTRY FACTS

Location .....	Newark, NJ 07102
Founded .....	1881 as Newark Technical School
Undergraduate Enrollment .....	5,800
Nickname .....	Highlanders
Colors .....	Scarlet and White with Navy
President .....	Dr. Robert A. Altenkirch
Director of Athletics .....	Lenny Kaplan
Athletics Department/Cross-Country Phone .....	(973) 596-3636
Athletics Department /Cross-Country FAX .....	(973) 596-8295
Athletics Department URL .....	<a href="http://www.njit.edu/athletics">www.njit.edu/athletics</a>
Cross-Country Unofficial Web Site .....	<a href="http://web.njit.edu/~alonso">web.njit.edu/~alonso</a>
Head Coach .....	Adalberto M. Alonso, P.E. (Stevens '83)
Career Men's Record (Years) .....	62-20 (20)
Record at NJIT .....	6-1 (2)
Career Women's Record (Years) .....	36-13 (13)
Record at NJIT .....	8-1 (2)
Alonso E-Mail .....	<a href="mailto:alonso@njit.edu">alonso@njit.edu</a>
Assistant Coach .....	Dave Czeizinger
Men's Captain .....	Dave Kloc
Women's Captain .....	Elizabeth Mayo, Jady Alvarez
First Year of Men's Program .....	1975
First Year of Women's Program .....	2003
Home Courses .....	Van Cortlandt Park, Branch Brook Park
Affiliation .....	NCAA II(Reclassifying), ECAC
Conference .....	Central Atlantic Collegiate
Assistant Athletic Director for Sports Information .....	Tim Camp (973) 596-8461
Sports Information FAX .....	(973) 596-8440
Camp E-Mail .....	<a href="mailto:timothy.camp@njit.edu">timothy.camp@njit.edu</a>
NJIT Results Hotline .....	(973) 596-5555

# TOP MALE PERFORMERS

## KEVIN GARBIE

**So • 5-11 • 150 • Bayville, NJ • Central Regional HS**

Kevin M. Garbie... one of five holdovers from last year. **2004:** Season-best 31:09 at Highlander Invitational. ... third at NJIT Classic. **2003:** Ran three races... finished 36th in the CACC with a season-best 34:26. **Prior to NJIT:** Ran for coach Michael Jordan at Central Regional. **Personal:** Son of Patricia Cubero. ... majoring in mechanical engineering. ... born 5/24/85 in San Diego, Calif.



## DAVE KLOC

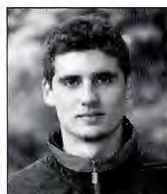
**Jr • 5-1 • 116 • Fair Lawn, NJ • Fair Lawn HS**

David Kloc. ... named team captain as a sophomore. **2004:** Ran all six races. ... finished second with personal-best 30:13 at NJIT Classic. **2003:** Team MVP... broke 33 minutes in three of four races. ... season-best 11th-place at Baruch Invitational. ... career-low 32:15 at the season-ending Nick Russo Classic. **Prior to NJIT:** Second-team all-league and team MVP for coach Kristen Lapsley at Fair Lawn.... all-county in track at 1,600 meters. ... also played soccer. **Personal:** Son of Mark and Anna Kloc. ... computer engineering major. ... born 1/13/84 in Poland.

## MATTHEW MAGNIFICO

**So • 5-10 • 150 • E. Rutherford, NJ • H.P. Becton HS**

Matthew Edward Magnifico. ... looks to build on strong freshman campaign. **2004:** All-CACC, finishing 12th in league meet... his 28:59 at CACCs was team's season low. ... top NJIT finisher at East Regional. **Prior to NJIT:** All-state, all-county and all-area for coach Michael Ryan at Becton. ... won two league titles and a county group championship. **Personal:** Son of Guy and Elaine Magnifico... majoring in biomedical engineering. ... born 5/21/86 in Hackensack, N.J.



## UMAR SAEED

**Fr • 5-10 • 134 • Parlin, NJ • Old Bridge HS**

Umar Saeed.... part of a strong freshman class. ... his talent and work ethic should allow him to leave an impact on the Highlanders for years to come. **Prior to NJIT:** All-state, finished 7th in the Meet of Champions. ... county champion for coach Richard Gebour at Old Bridge. ... Top finisher for his 2004 team that won Group 4 state championship and placed third in the state. **Personal:** Son of Yawar Saeed and Shehnaz Kausar. ... majoring in civil engineering. ... father played for Pakistan's national hockey team. ... born 2/7/86 in Pakistan.

## DUC TRAN

**So • 5-11 • 160 • Secaucus, NJ • Secaucus HS**

Duc V. Tran.... began his career in front of team's pack. **2004:** Was NJIT's top finisher in four of six races. ... won the NJIT Classic. ... had three top 10 finishes and was 20th in CACC meet. **Prior to NJIT:** Two-time all-league runner at Secaucus High. ... honorable-mention all-county as a senior. ... teams won two league championships. ... in track and field, was first-team all-county in the javelin. ... NJSIAA Scholar Athlete Award winner. **Personal:** Son of Kiem Tran... biomedical engineering major. ... born 12/7/85 in Hue, Vietnam.





# TOP FEMALE PERFORMERS

## JADY ALVAREZ

Sr • 5-7 • Perth Amboy, NJ • Perth Amboy HS

Jady Elizabeth Alvarez. ... team captain was 2003 frontrunner. **2004:** Despite injuries, was consistent No. 3 runner. ... season-low 21:40 at Highlander Invitational. **2003:** All-CACC. ... finished eighth in the league meet. ... CACC Runner of the Week 9/22. ... ran team's fastest three times of the season.

**Prior to NJIT:** Team MVP and all-conference for coach Ron Mavus at Perth Amboy despite running only one season. ... owns school record. ... also two-time MVP in basketball and earned PAHS's best all-around athlete award as a senior. ... played both sports for Georgian Court College in 2002-03. **Personal:** Daughter of Jose Alvarez and Candida Genao... majoring in business management. ... twin brother Hermes attends NJIT. ... born 6/18/83 in the Dominican Republic.



## KATIE CARROLL

Fr • 5-6 • Wayne, NJ • Wayne HS

Katie Carroll. ... brings a strong drive and competitive spirit to the team. ... Her experience and talent will help the emerging women's program. **Prior to NJIT:** All-county, all-conference, county & conference champs for coach Conan Ward at Wayne Valley. **Personal:** Daughter of Ray and Carol Carroll.

... majoring in architecture. ... born 9-9-87 in Paterson, NJ

## ELIZABETH MAYO

Sr • 5-1 • N. Bergen, NJ • Acad. of Sacred Heart

Elizabeth Victoria Marie Mayo. **2004:** Steadily improved throughout her first year as a college runner. ... earned all-CACC honors. ... finished fourth at league meet with team season-low 20:55. ... finished 77th of 172 at NCAA Regional.

**Prior to NJIT:** Attended Academy of the Sacred Heart in Hoboken. ... age group winner at Stone Harbor 10K run.

**Personal:** Daughter of Ruben and Angela Mayo. ... is a certified scuba diver and avid cyclist and swimmer. ... was once featured in *Shape Magazine*. ... president of Tau Beta Pi sorority. ... student in NJIT's Albert Dorman Honors College. ... majoring in biomedical engineering. ... born 12/11/83 in North Bergen, N.J.



## BECKY LINDSEY

Fr • 5-5 • Edison, NJ • John P Stevens HS

Becky Lindsey. ... All-around athlete will run cross country for the first time after competing in track and field in high school. ... shows great potential. **Prior to NJIT:** Attended John P. Stevens in Edison, N.J. ... MVP 2005 track team.

**Personal:** Daughter of Al and Kim Lindsey. ... majoring in chemical engineering. ... born 7/12/87 in Virginia Beach, VA.



## WOMEN'S ROSTER

Name	Yr.	Ht.	Hometown	High School
Jady Alvarez*	Sr.	5'7	Perth Amboy, NJ	Perth Amboy
Kaitlin Carroll	Fr.	5'6	Wayne, NJ	Wayne Valley
Aileen Davila	Fr.	4'11	Clifton, NJ	Passaic County Tech
Barbara DeLaCruz	5th	5'2	Baldwin, NJ	Baldwom
Viviana Florea	Sr.	5-3	Baldwin, NY	Baldwin
Becky Lindsey	Fr.	5'5	Edison, NJ	John P Stevens
Elizabeth Mayo	5th.	5-1	North Bergen, NJ	Acad. of Sacred Heart
Naysha Sanchez	Jr.	5'4	North Arlington, NJ	North Arlington

\* captain

## MEN'S ROSTER

Name	Yr.	Ht.	Hometown	High School
Babatunde Busari	Fr.	5'8	Ibadan, Nigeria	International School
Pierre Bastie	Jr.	6'0	Harrison, NJ	Lyon, France
Will Ehrhardt	Fr.	5'9	Lafayette, NJ	Pope John XXIII
Kevin Garbie	Jr.	5'11	Bayville, NJ	Central Regional
Michael Genauer	Jr.	5'7	Cherry Hill, NJ	Cherry Hill East
Dave Kloc*	Jr.	5'1	Fair Lawn, NJ	Fair Lawn
Charles Kratochvil	Jr.	5'11	Paterson, NJ	Paramus Catholic
David Lee	Jr.	5'8	Tenafly, NJ	Tenafly
Matthew Magnifico	So.	5'10	East Rutherford, NJ	Becton
Robert Miller	Sr.	5'8	Delaware, OH	Rutherford B. Hayes
Mark Pares	Fr.	6'1	Maywood, NJ	Paramus Catholic
Drew Pennyfeather	So.	5'4	Perth Amboy, NJ	Perth Amboy
Umar Saeed	Fr.	5'10	Parlin, NJ	Perth Amboy
Duc Tran	Fr.	5'11	Secaucus, NJ	Secaucus
John Zawisa	Fr.	5'9	Fair Lawn, NJ	Fair Lawn

\* captain

## 2005 SCHEDULE

Date	Opponent(s)	Location *
Sept 10	VASSAR INVITATIONAL (Men)	Poughkeepsie, NY
Sept. 10	WAGNER INVITATIONAL (Women)	Staten Island, NY
Sept. 18	NJIT CLASSIC	Bronx, NY
Sept. 24	PHILADELPHIA METRO CHAMPIONS	Philadelphia, PA
Sept. 30	STEVENS INVITATIONAL (Men)	Jersey City, NJ
Oct. 1	NJIAIW/MONTCLAIR INVITATIONAL	Paterson, NJ
Oct. 9	HIGHLANDER INVITATIONAL	Newark, NJ
Oct. 16	ST. JOSEPH INVITATIONAL	Long Island, NY
Oct. 23	CACC CHAMPIONSHIP	Philadelphia, PA
Oct. 30	NICK RUSSO HALLOWEEN CLASSIC	Bronx, NY
Nov. 19	ECAC/IC4A	Bronx, NY

## 2004 RESULTS

Date	Opponent(s)	Women	Men
Sept. 13	at Wagner Invitational	8th/12	
	at Vassar Invitational		T-6th/11
Sept. 19	NJIT CLASSIC.....BRIDGEPORT	W, 17-39	W, 15-47
	CALDWELL	W, 17-40	
	CONCORDIA	W, 15-47	W, 15-50
	DOMINICAN	W, 16-41	W, 15-50
	DOWLING	W, 27-28	
	TEIKYO POST		W, 15-49
Oct. 2	at NJIAIW Championships	4th/8	
Oct. 10	HIGHLANDER INVITATIONAL	4th/6	3rd/7
Oct. 23	at CACC Championships	4th/10	4th/10
Oct. 31	NICK RUSSO CLASSIC	3rd/5	3rd/7
Nov. 6	at NCAA East Regional	21st/29	22nd/30

# PROGRAM HISTORY

## All-Time Honors

### MEN

#### All-Region

1987 Cesar Gaudin

#### IAC Team Champions

1976, 1985, 1986, 1987,  
1988, 1990, 1991

#### IAC Individual

#### Champions

1984 Doug Lischick

1985 Mike Brake

1986 Doug Lischick

1987 Cesar Gaudin

1988 Cesar Gaudin

1990 Jason Tand

#### Coach of the Year

1991 Bill Eisenring

#### All-Time All-Conference

#### Independent Athletic

1984 Mike Brake

Doug Lischick

1985 Mike Brake  
Doug Lischick  
Doug Troast  
Radzee Zaman

1986 Mike Brake  
Dave Conti  
Doug Lischick  
Hugo Ortega

1987 Cesar Gaudin  
John Grube  
Steven Jaskot  
Radzee Zaman

1988 Cesar Gaudin  
Steve Jaskot  
Chris Lambert

1990 Hiep Nguyen  
Joao Nola  
Jason Tand

1991 Joao Nola  
Jason Tand

1993 Anton Musto

1994 Rodney Carroll

### Central Atlantic

#### Collegiate

2004 Matthew Magnifico

### WOMEN

#### IAC Individual Cham- pion

1996 – Jannina Alvarez

#### All-Time All-Conference

#### Independent Athletic

1995 Jannina Alvarez

1996 Jannina Alvarez

#### Central Atlantic Colle- giate

2003 Jady Alvarez

2004 Elizabeth Mayo

Jaclyn Thomforde

## Men's Year-By-Year

Year	Dual W-L	Coach	Captain(s)	MVP
1975				Jim Johnson
1976				Jeff Alexander
1977				James Noctor
1978				Wolfgang Name
1979				Al Siuta
1980		Robert Swanson		Paul Calabrese
1981		Robert Swanson		William Boyle
1982		Henry McCloud		Doug Troast
1983		Henry McCloud		Allan Stell
1984	3-5	Henry McCloud		Doug Lischick
1985	4-2	Henry McCloud	Doug Troast	Doug Troast
1986	3-3	Henry McCloud		Doug Lischick
1987	2-0	Henry McCloud	Hugo Ortega, Paul Yurga	Cesar Gaudin
1988	0-1	Henry McCloud		Steve Jaskot
1989		no team		
1990		Lance Austenberg		Joao Nola
1991		Bill Eisenring		Joao Nola
1992	3-0	Bill Eisenring		Jeff Whitescarver
1993		Richard Mack		Richard Brow
1994		Edd Brown		Rodney Carroll
1995		Greg Stewart		Brent Andrews
1996		Greg Stewart		John Bryjak
1997-2002		no team		
2003	2-1	Al Alonso	Chad Fuentes	Dave Kloc
2004	4-0	Al Alonso	Dave Kloc	TBA

## Women's Year-By-Year

Year MVP	Dual W-L	Coach	Captain(s)
2003	3-1	Al Alonso	Jennifer Dorn, Catie Large, Jady Alvarez
2004	5-0	Al Alonso	Jady Alvarez
TBA			



# UNIVERSITY INFORMATION



**New Jersey Institute of Technology**, the state's public technological research university, enrolls more than 8,200 students in bachelor's, master's and doctoral degrees in 100 degree programs offered by six colleges: Newark College of Engineering, New Jersey School of Architecture, College of Science and Liberal Arts, School of Management, Albert Dorman Honors College, and College of Computing Sciences. NJIT is renowned for expertise in architecture, applied mathematics, wireless communications and networking, solar physics, advanced engineered particulate materials, nanotechnology, neural engineering and eLearning.

NJIT's history spans from the Industrial Revolution to the Information Age. Newark was a factory town when the tuition-free evening school was founded in 1881 to support local industries. From the early days, science and technology have been the engines fueling the university's development.

Over time, the university both anticipated and responded to change by expanding its curriculum and mission. Most notably, in 1919, the university established baccalaureate programs in three engineering fields. By 1975, NJIT offered a broad range of undergraduate and graduate degrees. All programs included significant research and public service components with the goal of providing an academic environment that fostered intellectual depth and breadth, as well as social responsibility.

Today, continuing a fourfold mission of instruction, research, economic development and public service, NJIT is among the leading comprehensive technological universities in the nation, with state-of-the-art facilities on its 45-acre campus in Newark and a solar observatory in Big Bear, California.



CHRISTINA CROVETTO

*The clock tower and carillon sit in a European-style plaza adjacent to the newly-renovated Campus Center.*