



AL ALONSO
Head Coach

When NJIT revived its men’s cross-country program in 2003, and added a women’s team for the first time ever, **Adalberto M. Alonso, PE**, was the ideal candidate to coach both programs.

Prior to NJIT, Alonso spent 19 years as the head men’s coach and 11 as head women’s coach at Stevens Institute of Technology. He was the first coach of the Ducks’ women’s program. Stevens’ men’s teams won their final 53 dual meets under Alonso, and never had a losing season. His women’s teams were 28-12 and won their last 18 dual meets. He was the youngest head coach in Stevens history in any sport, and ranks first all time at the school in winning percentage in any sport.

Alonso was named Independent Athletic Conference Coach of the Year in 1993, 1995 and 1996, and has produced 38 all-conference runners, including four at NJIT. He was also the head men’s and women’s track and field coach at Stevens for six years, and currently coordinates a track and field club at NJIT.

As an undergraduate at Stevens, Alonso was instrumental in making cross-country a varsity sport. He was president of the Ducks’ club team his first two years, then as a junior led the inaugural varsity squad to the IAC championship.

Alonso earned a bachelor of engineering degree in electrical engineering from Stevens in 1983 and an MBA from Fairleigh Dickinson University in 1988. He is a licensed professional engineer in the state of New Jersey and has Level-2 certification from United States of America Track & Field (USATF). He resides in West New York, New Jersey.

DAVID CZEIZINGER
Assistant Coach

David Czeizinger has been a collegiate assistant coach for 12 years, and recently completed his second season with the Highlanders.

Czeizinger coaching career started as a volunteer assistant at Stevens Institute of Technology under Coach Alonso. After one season, Alonso hired him to help build the women’s team to a conference championship level.

The Ducks, who struggled to a 5-8 dual meet record in the year before his arrival, went 23-4 over the next seven seasons. In that time they won the first conference title in school history, and had an individual league champion for the first time.

Czeizinger has been an avid runner for more than 25 years, and still competes in the master’s division at distances from the mile to the marathon. He is a 1978 graduate of Stevens with a degree in materials engineering.



ATHLETICS FACILITIES

The NJIT cross-country teams host meets at **Van Cortlandt Park** in Bronx, New York, and **Branch Brook Park** in Newark.

The teams have access to all of the facilities in the **Estelle and Zoom Fleisher Athletic Center**. These include the fitness area (containing computer-controlled biking equipment, Cybex resistance units, and an indoor track), two weight rooms (free-weight and hammer-strength), four racquet-ball courts, a martial arts/fencing center, a six-lane swimming pool, and four lighted outdoor hardcourt tennis courts.

The Highlanders’ men’s and women’s basketball and volleyball teams play their home events in the main gymnasium of the Fleisher center. The facility can entertain crowds of up to 1,500, and is also open to the campus community during selected hours for recreation.

Lubetkin Field, home to the men’s and women’s soccer teams, recently underwent a \$1.2 million renovation project, including the installation of SprinTurf artificial grass and a running track. It contains a midfield scoreboard and pressbox facilities, and its bleacher seating can hold approximately 1,000 spectators. Also, the newly expanded and renovated Campus Center houses six bowling lanes.

NJIT is in the midst of a three-year agreement with the independent Newark Bears Professional Baseball Club to play its home games at **Bears & Eagles Riverfront Stadium** in downtown Newark.

NJIT CROSS-COUNTRY FACTS

Location	Newark, NJ 07102
Founded	1881 as Newark Technical School
Undergraduate Enrollment	5,800
Nickname	Highlanders
Colors	Scarlet and White with Navy
President	Dr. Robert A. Altenkirch
Director of Athletics	Lenny Kaplan
Athletics Department/Cross-Country Phone	(973) 596-3636
Athletics Department /Cross-Country FAX	(973) 596-8295
Athletics Department URL	www.njit.edu/athletics
Cross-Country Unofficial Web Site	web.njit.edu/~alonso
Head Coach	Adalberto M. Alonso, P.E. (Stevens '83)
Career Men’s Record (Years)	62-20 (20)
Record at NJIT	6-1 (2)
Career Women’s Record (Years)	36-13 (13)
Record at NJIT	8-1 (2)
Alonso E-Mail	alonso@njit.edu
Assistant Coach	Dave Czeizinger
Men’s Captain	Dave Kloc
Women’s Captain	Jady Alvarez
First Year of Men’s Program	1975
First Year of Women’s Program	2003
Home Courses	Van Cortlandt Park, Branch Brook Park
Affiliation	NCAA II
Conference	Central Atlantic Collegiate
Coordinator of Sports Information Services	Mark Mentone (973) 596-8324
Sports Information FAX	(973) 596-8440
Mentone E-Mail	mentone@adm.njit.edu
NJIT Results Hotline	(973) 596-5555

UNIVERSITY INFORMATION



MIKE PETERS

New Jersey Institute of Technology, the state’s public technological research university, enrolls more than 8,200 students in bachelor’s, master’s and doctoral degrees in 100 degree programs offered by six colleges: Newark College of Engineering, New Jersey School of Architecture, College of Science and Liberal Arts, School of Management, Albert Dorman Honors College, and College of Computing Sciences. NJIT is renowned for expertise in architecture, applied mathematics, wireless communications and networking, solar physics, advanced engineered particulate materials, nanotechnology, neural engineering and eLearning.

NJIT’s history spans from the Industrial Revolution to the Information Age. Newark was a factory town when the tuition-free evening school was founded in 1881 to support local industries. From the early days, science and techology have been the engines fueling the university’s development.

Over time, the university both anticipated and responded to change by expanding its curriculum and mission. Most notably, in 1919, the university established baccalaureate programs in three engineering fields. By 1975, NJIT offered a broad range of undergraduate and graduate degrees. All programs included significant research and public service components with the goal of providing an academic environment that fostered intellectual depth and breadth, as well as social responsibility.

Today, continuing a fourfold mission of instruction, research, economic development and public service, NJIT is among the leading comprehensive technological universities in the nation, with state-of-the-art facilities on its 45-acre campus in Newark and a solar observatory in Big Bear, California.



CHRISTINA CROVETTO

The clock tower and carillon sit in a European-style plaza adjacent to the newly-renovated Campus Center.



Men's
Captain
Dave Kloc



Women's Captain
Jady Alvarez
and
Jaclyn Thomforde

2004
cross
country



MEN'S ROSTER

Name	Yr.	Ht.	Hometown	High School
Kevin Garbie	So.	5-11	Bayville, NJ	Central Regional
Michael Genauer	So.	5-7	Cherry Hill, NJ	Cherry Hill East
Dave Kloc*	So.	5-1	Fair Lawn, NJ	Fair Lawn
Charles Kratochvil	So.	6-0	Paterson, NJ	Paramus Catholic
Matthew Magnifico	Fr.	5-10	East Rutherford, NJ	Becton
Drew Pennyfeather	Fr.	5-4	Perth Amboy, NJ	Perth Amboy
Raymond Persaud	So.	5-7	Jersey City, NJ	Lincoln
Joel Rosado	Fr.	6-1	Perth Amboy, NJ	Perth Amboy
Duc Tran	Fr.	5-11	Secaucus, NJ	Secaucus
* captain				

WOMEN'S ROSTER

Name	Yr.	Ht.	Hometown	High School
Jady Alvarez*	Jr.	5-7	Perth Amboy, NJ	Perth Amboy
Jennifer Dorn	Gr.	5-5	Franklin Park, NJ	New Brunswick
Viviana Florea	Sr.	5-3	Baldwin, NY	Baldwin
Shannon Hampton	Sr.	5-6	Willingboro, NJ	Willingboro
Elizabeth Mayo	Sr.	5-1	North Bergen, NJ	Acad. of Sacred Heart
Vanessa Panameno	So.	5-4	Fort Lee, NJ	North Bergen
Estefany Quirola	Sr.	5-2	Quito, Ecuador	Los Pinos
Shamalia Rafiq	Sr.	5-1	Union, NJ	Union
Angelica Sepulveda	So.	5-8	Jersey City, NJ	Dickinson
Jaclyn Thomforde	Gr.	5-6	Goodhue, MN	Goodhue
* captain				

2004 RESULTS

Date	Opponent(s)	Women	Men
Sept. 13	at Wagner Invitational	8th/12	
	at Vassar Invitational		T-6th/11
Sept. 19	NJIT CLASSIC.....	BRIDGEPORT W, 17-39	W, 15-47
		CALDWELL W, 17-40	
		CONCORDIA W, 15-47	W, 15-50
		DOMINICAN W, 16-41	W, 15-50
		DOWLING W, 27-28	
		TEIKYO POST	W, 15-49
Oct. 2	at NJIAIW Championships	4th/8	
Oct. 10	HIGHLANDER INVITATIONAL	4th/6	3rd/7
Oct. 23	at CACC Championships	4th/10	4th/10
Oct. 31	NICK RUSSO CLASSIC	3rd/5	3rd/7
Nov. 6	at NCAA East Regional	21st/29	22nd/30

2003 RESULTS

Date	Opponent(s)	Women	Men
Sept. 13	at Wagner Invitational	7th/11	incomplete
Sept. 21	NJIT CLASSIC.....	W, 24-33	
		CALDWELL W, 21-inc.	
		DOMINICAN W, 21-36	W, 19-39
		DOWLING L, 32-23	
		TEIKYO POST	W, 19-inc.
		YESHIVA	L, 19-42
Oct. 12	at Baruch Invitational	incomplete	3rd/9
Oct. 25	at CACC Championships	5th/10	6th/9
Nov. 2	NICK RUSSO CLASSIC	5th/9	4th/11

PROGRAM HISTORY

All-Time Honors

MEN		
All-Region	1985 Mike Brake	Central Atlantic Collegiate
1987 Cesar Gaudin	Doug Lischick	2004 Matthew Magnifico
IAC Team Champions	Doug Troast	
1976, 1985, 1986, 1987, 1988, 1990, 1991	Radzee Zaman	
IAC Individual Champions	1986 Mike Brake	WOMEN
1984 Doug Lischick	Dave Conti	IAC Individual Champion
1985 Mike Brake	Doug Lischick	1996 – Jannina Alvarez
1986 Doug Lischick	Hugo Ortega	All-Time All-Conference
1987 Cesar Gaudin	Cesar Gaudin	Independent Athletic
1988 Cesar Gaudin	Steve Jaskot	1995 Jannina Alvarez
1990 Jason Tand	Chris Lambert	1996 Jannina Alvarez
Coach of the Year	1990 Hiep Nguyen	Central Atlantic Collegiate
1991 Bill Eisenring	Joao Nolau	2003 Jady Alvarez
All-Time All-Conference	Jason Tand	2004 Elizabeth Mayo
Independent Athletic	Joao Nolau	Jaclyn Thomforde
1984 Mike Brake	Jason Tand	
Doug Lischick	Anton Musto	
	1993 Rodney Carroll	
	1994	

Men's Year-By-Year

Year	Dual W-L	Coach	Captain(s)	MVP
1975				Jim Johnson
1976				Jeff Alexander
1977				James Noctor
1978				Wolfgang Name
1979				Al Siuta
1980		Robert Swanson		Paul Calabrese
1981		Robert Swanson		William Boyle
1982		Henry McCloud		Doug Troast
1983		Henry McCloud		Allan Stell
1984	3-5	Henry McCloud		Doug Lischick
1985	4-2	Henry McCloud	Doug Troast	Doug Troast
1986	3-3	Henry McCloud		Doug Lischick
1987	2-0	Henry McCloud	Hugo Ortega, Paul Yurga	Cesar Gaudin
1988	0-1	Henry McCloud		Steve Jaskot
1989		<i>no team</i>		
1990		Lance Austenberg		Joao Nolau
1991		Bill Eisenring		Joao Nolau
1992	3-0	Bill Eisenring		Jeff Whitescarver
1993		Richard Mack		Richard Brow
1994		Edd Brown		Rodney Carroll
1995		Greg Stewart		Brent Andrews
1996		Greg Stewart		John Bryjak
1997-2002		<i>no team</i>		
2003	2-1	Al Alonso	Chad Fuentes	Dave Kloc
2004	4-0	Al Alonso	Dave Kloc	TBA

Women's Year-By-Year

Year	Dual W-L	Coach	Captain(s)	MVP
2003	3-1	Al Alonso	Jennifer Dorn, Catie Large	Jady Alvarez
2004	5-0	Al Alonso	Jady Alvarez	TBA

TOP MALE PERFORMERS

KEVIN GARBIE

So • 5-11 • 150 • Bayville, NJ • Central Regional HS

Kevin M. Garbie... one of five holdovers from a year ago. **2004:** Clocked season-best 31:09 at Highlander Invitational... third place at NJIT Classic. **2003:** Ran three races... finished 36th in the CACC with a season-best time of 34:26. **Prior to NJIT:** Ran for coach Michael Jordan at Central Regional. **Personal:** Son of Patricia Cubero... majoring in mechanical engineering... born 5/24/85 in San Diego, Calif.



DAVE KLOC

So • 5-1 • 116 • Fair Lawn, NJ • Fair Lawn HS

David Kloc... named team captain as a sophomore. **2004:** Ran all six races.. finished second with personal best 30:13 at NJIT Classic. **2003:** Team MVP... broke 33 minutes in three of four races... season-best 11th-place finish at Baruch Invitational... ran career low 32:15 at the season-ending Nick Russo Classic. **Prior to NJIT:** Second-team all-league and team MVP for coach Kristen Lapsley at Fair Lawn... was all-county in track in the 1,600-meter race... also played soccer. **Personal:** Son of Mark and Anna Kloc... majoring in computer engineering... born 1/13/84 in Poland.



MATTHEW MAGNIFICO

Fr • 5-10 • 150 • E. Rutherford, NJ • H.P. Becton HS

Matthew Edward Magnifico... brings an impressive scholastic resume to the Highlanders. **2004:** All-CACC, finishing 12th in league meet... his 28:59 at CACCs was team low for season... top NJIT finisher at East Regional. **Prior to NJIT:** All-state, all-county and all-area for coach Michael Ryan at Becton... won two league championship and a county group championship. **Personal:** Son of Guy and Elaine Magnifico... majoring in biomedical engineering... born 5/21/86 in Hackensack, N.J.



DREW PENNYFEATHER

Fr • 5-4 • 112 • Perth Amboy, NJ • Perth Amboy HS

Drew V. Pennyfeather... another member of coach Alonso's highly-regarded freshman class. **2004:** Improved more than four minutes from his first race to his second... season-low 30:39 at Highlander Invitational. **Prior to NJIT:** Attained all-division status four times for coach Peter Slater at Perth Amboy.... was named a county scholar-athlete and NJSIAA Scholar Athlete... was also a three-time all-division honoree in track. **Personal:** Son of Lynn Pennyfeather... majoring in computer engineering... was awarded an Urban Bloustein Scholarship... uncle Will Pennyfeather played parts of three seasons with major league baseball's Pittsburgh Pirates... born 12/6/85 in Perth Amboy, N.J.



DUC TRAN

Fr • 5-11 • 160 • Secaucus, NJ • Secaucus HS

Duc V. Tran... began his career in front of team's pack. **2004:** Was NJIT's top finisher in four of six races... won the NJIT Classic... had three top 10 finishes and was 20th in CACC meet. **Prior to NJIT:** Two-time all-league runner at Secaucus High... honorable-mention all-county as a senior... teams won two league championships... in track and field, was first-team all-county in the javelin... NJSIAA Scholar Athlete Award winner. **Personal:** Son of Kiem Tran... biomedical engineering major... born 12/7/85 in Hue, Vietnam.



TOP FEMALE PERFORMERS

JADY ALVAREZ

Jr • 5-7 • Perth Amboy, NJ • Perth Amboy HS

Jady Elizabeth Alvarez... team captain was 2003 frontrunner. **2004:** Despite injuries, was consistent No. 3 runner... season-low 21:40 at Highlander Invitational. **2003:** All-CACC... finished eighth in the league meet... CACC Runner of the Week 9/22... ran team's fastest three times of the season. **Prior to NJIT:** Team MVP and all-conference for coach Ron Mavus at Perth Amboy despite running only one season... owns school record... also two-time MVP in basketball and earned PAHS's best all-around athlete award as a senior... played both sports for Georgian Court College in 2002-03. **Personal:** Daughter of Jose Alvarez and Candida Genao... majoring in business management... twin brother Hermes attends NJIT... born 6/18/83 in the Dominican Republic.



JENNIFER DORN

Gr • 5-5 • Franklin Park, NJ • New Brunswick HS

Jennifer Dorn... returnee is participating in her third sport at NJIT. **2004:** Ran all seven races... broke 24 minutes three times... personal best 23:15 at CACCs. **2003:** Co-captain of first women's team in school history... one of four Highlanders to run five races... season-best 23:30 at Nick Russo Classic. **Prior to NJIT:** Participated in soccer, track and softball at New Brunswick... soccer team MVP as a senior. **Personal:** Daughter of Loretta Dorn... played midfield and goalkeeper in two seasons of soccer at NJIT... earned Arthur Ashe Sports Scholar recognition in swimming... had a 3.89 undergraduate GPA in computer science and mathematics... pursuing a master's in engineering management... born 3/2/82 in New Brunswick, N.J.



ELIZABETH MAYO

Sr • 5-1 • N. Bergen, NJ • Acad. of Sacred Heart

Elizabeth Victoria Marie Mayo... first-year college runner steadily improved throughout season. **2004:** Earned all-CACC honors... finished fourth at league meet with team season low 20:55... finished 77th of 172 at NCAA Regional. **Prior to NJIT:** Attended Academy of the Sacred Heart in Hoboken... age group winner at Stone Harbor 10K run. **Personal:** Daughter of Ruben and Angela Mayo... is a certified scuba diver and avid cyclist and swimmer... was once featured in *Shape Magazine*... president of Tau Beta Pi sorority... student in NJIT's Albert Dorman Honors College... majoring in biomedical engineering... born 12/11/83 in North Bergen, N.J.



JACLYN THOMFORDE

Gr • 5-6 • Goodhue, MN • Goodhue HS

Jaclyn P. Thomforde... graduate of Bemidji State University... hard worker and great team performer. **2004:** One of just two Highlanders to run all seven races... earned all-CACC honors by finishing 9th... five top 10 finishes. **Prior to NJIT:** Is a 2000 graduate of Goodhue High... participated in varsity cross-country and track at Bemidji State. **Personal:** Had an undergraduate GPA of 3.9... pursuing a master's degree in architecture.

