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ABSTRACT

VERGENCE EYE MOVEMENT PARAMETERS FOR PRE/POST-OBVAT AND SHAM THERAPY ON BINOCULARLY NORMAL CONTROLS

by Joel V. Rajah

Vergence is the disjunctive movement of the eyes to maintain single binocular vision. Vergence eye movements are necessary to maintain the object of interest on the fovea of each eye as an individual looks from one object to another. Recent studies show that office based vergence/accommodative therapy (OBVAT) is an effective treatment for the binocular dysfunction known as convergence insufficiency. This study was performed to investigate the changes in oculomotor parameters parameter data for pre- and post-therapy subjects who are binocularly normal controls. A haploscope was used to collect eye movement data pre- and post-therapy. The analysis of the eye movements was done in MATLAB. Fifty binocularly normal controls participated in 12 hours of office-based therapy where half participated in OBVAT and the remaining half participated in officebased placebo therapy (OBPT) therapy. The latency, time to peak velocity, peak velocity, response amplitude, final amplitude, and main sequence ratio were measured for participant's responses to 4-degree and 6-degree ramps, 4- and 6-degree disappearing steps, 6- and 10-degree stepramps, and 5- and 10-degree saccades. Peak velocity was significantly greater post OBVAT therapy compared to baseline, most of them having a $p \le .001$. Clinically meaning differences were not observed post OVPT compared to baseline. Results support that OBVAT significantly changes vergence dynamics and may be used for sports enhancement.

VERGENCE EYE MOVEMENT PARAMETERS FOR PRE/POST-OBVAT AND SHAM THERAPY ON BINOCULARLY NORMAL CONTROLS

by Joel V. Rajah

A Thesis Submitted to the Faculty of New Jersey Institute of Technology In Partial Fulfillment of the requirements for the degree of Master of Science in Biomedical Engineering

Department of Biomedical Engineering

May 2019

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APPROVAL PAGE

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TABLE OF CONTENTS

С	hapto	er	Page
1	INT	RODUCTION	1
	1.1	Objective	1
	1.2	Eye Physiology	1
	1.3	Vergence System	5
	1.4	Control of Disparity Vergence	5
	1.5	Convergence Insufficiency Treatment Trial	6
	1.6	Prior Research of Vision Therapy in Binocularly Normal Controls	7
2	ME	THODOLOGY	9
	2.1	Subject/Screening	9
	2.2	Experimental Setup	11
		2.2.1 Instrumentation	11
		2.2.2 VisualEyes Software, Stimuli Presentation, and Data Collection	11
	2.3	Experimental Procedure	12
		2.3.1 Assessment Procedure	12
		2.3.2 Therapy Procedure	14
	2.4	Data Analysis	19
		2.4.1 Data Processing	19
		2.4.2 Eye Movement Parameters Analyzed	19
3	RES	ULTS	21

TABLE OF CONTENTS (Continued)

Chapter P			Page
	3.1	Clinical Results	21
	3.2	Latency and Time to Peak Velocity Results	23
	3.3	Peak Velocity Results	24
	3.4	Response Amplitude and Final Amplitude Results	27
	3.5	Main Sequence Ratio Results	28
4	DIS	CUSSION and CONCLUSIONS	32
	4.1	Discussion	32
	4.2	Conclusions, Future Work, and Limitations	35
A	PPEN	NDIX A STATISTICAL ANALYSIS	37
A	PPEN	NDIX B BEHAVIORAL PLOTS	66
A	PPEN	IDIX C BAR PLOTS OF PARAMETERS	74
A	PPEN	DIX D CONVERGENCE INSUFFICIENCY SYMPTOM SURVEY	86
R	EFEF	RENCES	87

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LIST OF TABLES

Table	e	Page
2.1	Table of Subject Averages	10
2.2	Table of Movement Abbreviations	14
3.1	Table of Active Therapy Subject Information	21
3.2	Table of Sham Therapy Subject Information	22

Figu	re	Page
1.1	Diagram of Cornea and Sclera	2
1.2	Diagram of Choroid, Iris, and Ciliary Body	3
1.3	Diagram of Retina Layers	3
1.4	Eye Movement Muscles	4
1.5	Dual Mode Model	6
2.1	Haploscope Setup	11
2.2	Gabor Patch	12
2.3	Stimuli Movements	13
2.4	Sham Therapy Schedule	15-17
2.5	OBVAT Phases	18
2.6	Eye Movement Parameters	20
2.7	Phase Plot	20
3.1	Statistically Significant Latency Stepramp Movements	24
3.2	Statistically Significant Peak Velocity Step Movements	25
3.3	Statistically Significant Peak Velocity Disappearing Step Movements	26
3.4	Statistically Significant Peak Velocity Stepramp Movements	26
3.5	Statistically Significant Final Amplitude Stepramp Movements	28
3.6	Statistically Significant Final Amplitude Saccade Movements	28
3.7	Statistically Significant Main Sequence Ratio Step Movements	30
3.8	Statistically Significant Main Sequence Ratio Disappearing Step Movements	30
3.9	Statistically Significant Main Sequence Ratio Stepramp Movements	31

LIST OF FIGURES

LIST OF TERMS

NPC	Near Point of Convergence
CISS	Convergence Insufficiency Symptom Survey
PFV	Positive Fusional Vergence
BNC	Binocularly Normal Control
FFPS	Fast-Fusional Phasic System
SFTS	Slow-Fusional Tonic System
FIC	Fusion Initiating Component
FSC	Fusion Sustaining Component
OBVAT	Office-Based Vergence/Accommodation Therapy
OBPT	Office-Based Placebo Therapy

CHAPTER 1

INTRODUCTION

1.1 Objective

This study will determine the effect of OBVAT vs OBPT (active vs sham therapy) on subjects with normal binocular vision. A haploscope will be used to capture eye movements during the assessment protocol which occurs before and after respective therapies are given. It is hypothesized that subjects participating in the active OBVAT therapeutic intervention will exhibit significant improvements in oculomotor parameters in comparison to the subjects who participated in sham therapy.

1.2 Eye Physiology

The eye is a complicated organ with many components required to allow normal vision to occur. There are some shortfalls that arise due to the way the components work together but are compensated for by eye movements. The conjunctiva is a thin layer in the front of the eye that prevents bacteria and foreign material from entering¹. The sclera is the white part of the eye that surrounds the eye and gives it its shape (Fig 1.1). The cornea is at the front and center of the eye and helps focus light as it enters the eye (Fig 1.1)¹. The iris controls the amount of light that enters the pupil, which allows light to reach the back of the eye (Fig 1.2). The lens and its controlling muscle ring, the ciliary body, finely focus light as it enters the eye, also helping the cornea focus light onto the retina (Fig 1.2)¹. The retina is the light detecting part of the eye and is made up of layers (Fig 1.3)¹. The neural layer contains nerve cells, some blood vessels, and cones and rods (photoreceptors). Signals travel from the photoreceptors via

interneurons then ganglion cells (the axons of which make the optic nerve) to the optic chasm then the lateral geniculate nucleus (LGN) and finally the visual cortex³⁹. Cones are responsible for color vision while rods are used for low light vision. The optic disk is where the optic nerve exits the eye and has no photoreceptors, creating a "blind spot" in vision¹. The fovea has a high concentration of photoreceptors and is responsible for high acuity vision¹. Eye movements are used to project the images of interest to the fovea which has the highest acuity within the retina. These parts of the eye are vital in binocular vision, and the shortfalls of the physiology is counteracted by eye movements.

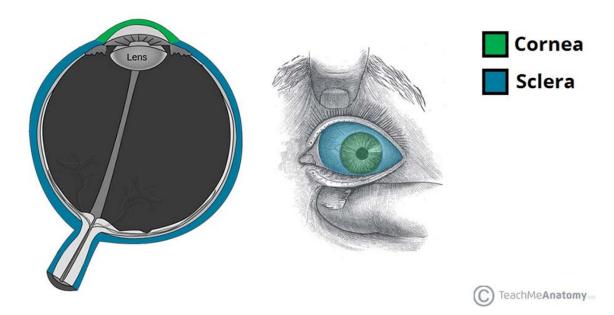
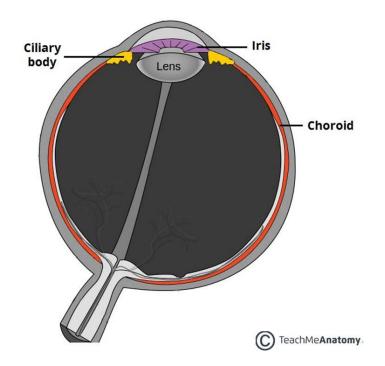
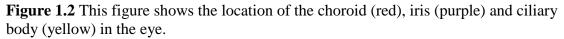


Figure 1.1 This figure shows the location of the cornea (green) and sclera (blue) in the eye.

Source [1]





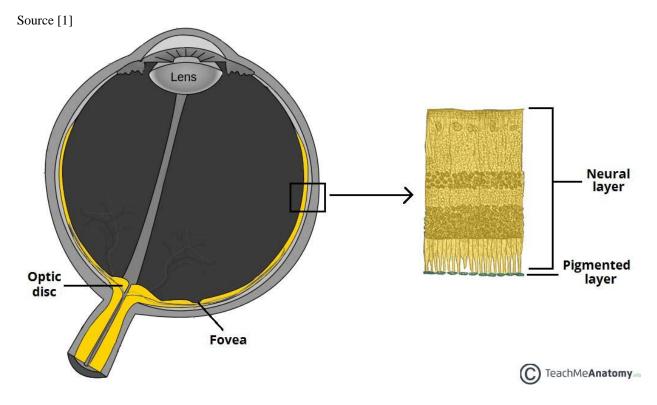


Figure 1.3 This figure shows the optic disc and fovea.

Source [1]

Eye movements require muscles to rotate the eyes in certain directions. The six muscles that control eyeball position can be divided into two groups: two oblique (superior and inferior oblique muscles²) and four recti muscles (superior rectus, inferior rectus, medial rectus and lateral rectus muscles) (Fig 1.4)². The superior and inferior rectus are principally responsible for elevation and depression respectively. The medial rectus mainly adducts the eye, while the lateral rectus mainly abducts the eye². The superior and inferior oblique muscles respectively medially and laterally rotate the eye. The muscles of import are the medial and lateral recti, being used in the rotation of the eyes to the left and right. Without these rotations, no vergence or version eye movements can occur.

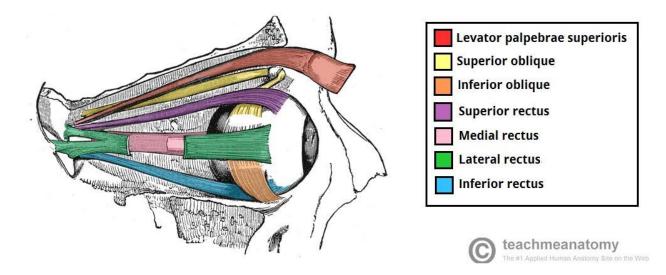


Figure 1.4 This illustrates the six muscles that control the movement of the eye and the muscle in control of the upper eyelid.

Source [2]

1.3 Vergence System

The vergence system is one of the ways the eyes' physiological shortfalls are counteracted. Vergence is a disjunctive (both eyes move in opposition, inward or outward) eye movement, while saccadic eye movements are a version eye movement (they are conjunctive, meaning eyes move in parallel) ³⁻⁵. There are two types of vergence movements: convergence (eye rotate outward) and divergence (eyes rotate inward) ³⁻⁵. Convergence allows tracking a target located far away from a person to an object located close to a person while divergence tracks objects located near to those far. Vergence and version movements were both used in the assessment procedure.

1.4 Control of Disparity Vergence

Vergence has been described using two systems: a fast-fusional phasic system (FFPS) and a slow-fusional tonic system (SFTS)¹⁴ (shown in Figure 1.5). The SFTS may also be called the phoria, or the resting eye level. The phoria is typically measured when the eyes are dissociated. Phoria can be classified as esophoria, exophoria, hyperphoria, or cyclophoria^{3,24}. Esophoria is a condition in which the eyes have a tendency to turn in, while in exophoria the eyes have a tendency to drift outward. Hyperphoria the eyes tend to drift up or downward and in cyclophoria the top of the eye rotates clockwise or counter clockwise. Heterophoria is the generic term used to describe all of these conditions in which the eyes have a tendency to drift from alignment when vergence is open-looped which can be done when the eyes are dissociated, such as with occlusion, or associated, such as with polarized lenses. The visual system adjusts for phoria alignment using fusional vergence. Version movements, when the eyes move in the

same direction as opposed to vergence movements in which the eye move in opposite directions, may have a connection to slow fusional vergence²⁴

The FFPS has been described by the Dual Mode Theory has having two parts, the fusion initiating component (FIC) and the fusion sustaining component (FSC) ^{14,28-31}. The FIC is the preprogrammed component that allows the eyes to align near the target while the feedback component (FSC) moves the eyes the rest of the way to the target^{14,28-31}. The FIC determines the velocity components (time to peak velocity, peak velocity, and response amplitude) of the movement while the FSC facilitates eye alignment reaching the final amplitude of the movement. This study will investigate the Dual Mode components of vergence.

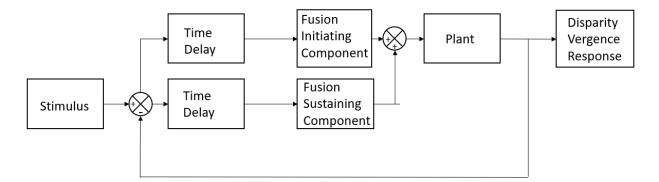


Figure 1.5 This is a figure of the Dual Mode Model.

1.5 Convergence Insufficiency Treatment Trial

The Convergence Insufficiency Treatment Trial (CITT) was a study designed to compare different vision therapeutic interventions as treatments for convergence insufficiency (CI) in children ranging from 9-17 years of age⁶. The randomized clinical trial had 221 children with symptomatic CI randomly assigned to office-based vergence/accommodative therapy with home reinforcement (OBVAT), office-based placebo therapy with home

reinforcement (OBPT), home-based computer vergence/accommodative therapy and pencil push-ups (HBCVAT+), or home-based pencil push-ups (HBPP) for 12 weeks. At the end of the study, it was shown that the group that underwent the OBVAT had a mean Convergence Insufficiency Symptom Survey (CISS) score statistically significantly (p<.001) lower than that of the OBPT, HBPP, and the HBCVAT+ groups⁶. The OBVAT group also saw a significant improvement in mean NPC and PFV at near compared to the other groups. A "successful outcome" was defined as a score of <16 on the CISS, a normal NPC (less than 6 cm), and normal PFV (greater than 15Δ and passing Sheard's criterion), while an "improved outcome" was defined as a score of <16 or a 10 point decrease in the CI Symptom Survey score, and at least one of the following: normal NPC, an improvement in NPC of more than 4 cm, normal PFV or an increase in PFV of more than $10\Delta^6$. 73% of the OBVAT group showed a successful or improved outcome, while 43%, 33%, and 35% of the HBPP, HBCVAT+, and OBPT saw a successful or improved outcome respectively. OBVAT and the other therapies can be assessed using objective parameters such as latency, time to peak velocity, peak velocity, response amplitude, final amplitude, and main sequence ratio^{18,22}. The OBVAT and OBPT procedures were used in this study, with half of the subjects being randomly placed in one with the other half of the subjects being placed in the other.

1.6 Prior Research of Vision Therapy in Binocularly Normal Controls

Research has been conducted studying vision therapy on binocularly normal controls. Daum⁴² conducted a study with 35 young adults BNCs in which subjects were trained for 10 minutes a day for 5 days. All subjects were initially assessed, with 23 being evaluated

(assessed again) after one week of training and 12 being evaluated 6 months after training was complete. Another study by Semmlow, Hung, and Ciuffreda⁴³ utilizing two experienced subjects and one naïve subject studied the vergence response to ramp stimuli. A retrospective study was done by Ciuffreda et al.⁴³ which found people with TBI present with oculomotor dysfunction. 90% of subjects saw improvement or remediations of visual symptoms after vision therapy. Yang, Bucci, and Kapoula⁴⁴ found that latency was longer in adults than in children, and that convergence latency was longer than divergence latency studying 15 binocularly normal children and 15 binocularly normal adults. Talasan et al.²¹ performed a similar study to this present study, except instead of a sham cohort the study included a cohort who did not participate in therapy but had two assessment session separated by several weeks. This study expands on this previous work.

CHAPTER 2

METHODOLOGY

An assessment protocol was developed to quantitatively assess the results of the treatments. All subjects underwent the assessment before and after they participated in OBVAT (active therapy) or OBPT (sham therapy). A haploscope was used for the assessment protocol and clinical parameters as described by CITT were collected for all participants. Data were preprocessed, calibrated, classified, and analyzed in MATLAB. This section describes the experimental setup and protocol setups used in this study.

2.1 Subject/Screening

Binocularly normal subjects (N=50) were used in this study. They range from age 18-34 years. There were 15 female and 35 male subjects. All subjects signed informed consent approved by the NJIT review Board in accordance to the Declaration of Helsinki. They were naïve as to which therapy they would be undergoing. 25 BNC (26 ± 8 years 19 M) were assigned using the consort to OBVAT and 25 (22 ± 4 years 16 M) were assigned to sham therapy using CONSORT agreement.

To be eligible for the study, subjects were required to have normal binocular vision defined as 20/20 (corrected if needed) acuity diagnosed by an optometrist, a near point of convergence of less than 6 cm, near phoria less than 4 prism diopters compared to far phoria, stereopsis less than 70 sec of arc, a normal positive fusional vergence (greater than 15 prism diopters and passing Sheard's criterion), and no history of neurological or eye

disease or dysfunction. These parameters were tested using, in order, the near point of convergence (NPC) test, Maddox rod test, and stereopsis tests.

The NPC is the distance, in cm, along the midline that a person sees double vision when trying to focus on a target. The Maddox rod test measures a subject's phoria level in prism diopters. To convert prism diopters to degrees, the equation degrees = $\tan^{-1}(^{\Delta}/100) \times 180/\pi$ is used³⁴.

The Convergence Insufficiency Symptom Survey (CISS) was used to determine subject use in the study. The survey detects that a subject possibly has CI via the subject's symptoms. In order to determine whether or not the subject has CI, they would need to get diagnosed by an optometrist. Scores below 21 indicate a binocularly normal subject. Scores above 21 indicate that the person is visually symptomatic. The survey is also used as an outcome measure in treatment of CI.

The stereopsis test was used to determine whether the subject has normal depth perception. The active therapy BNC had a CISS of 7.37 ± 4.95 , NPC of 3.82 ± 1.33 , and PFV of 31.76 ± 8.83 before therapy (Table 2.1). The sham therapy BNC had a CISS of 8.96 ± 5.56 , NPC of 3.76 ± 1.15 , and PFV of 30.92 ± 8.4 before therapy (Table 2.1). The groups averaged out to be nearly identical in scores for CISS, NPC, and PFV.

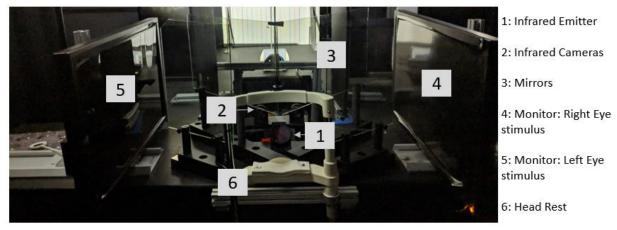
Table 2.1 Table of Subject Averages

	Age	Gender	CISS	NPC	PFV
OBVAT Subjects	26 ± 8	19M, 6F	7.37	3.82	31.76
OBPT Subjects	22 ± 4	16M, 9F	8.96	3.76	30.92

2.2 Experimental Setup

2.2.1 Instrumentation

Figure 2.1 shows the assessment setup. This study utilizes the ISCAN RK-826PCI binocular tracking system (Burlington, MA) to record horizontal eye movements using the pupil as a natural anatomical marker. The device also records pupil diameter, vertical eye movements, and the movements of the reflection from the corneal surface. The eye movements are recorded using an infrared emitter and specialized infrared cameras. The emitters are used to bathe the eyes in light with a 950 nm wavelength and a power of 1.2 mW/cm². Using one camera per eye, the absence of infrared light from the pupil is used to locate the centroid of the pupil with the ISCAN software. The average accuracy of 0.3 degrees over a ± 20 degrees horizontal/vertical range is reported by the manufacturer.



Not Shown: Eye Tracking Software Records eye movements resulting from the targets shown

Figure 2.1 Haploscope experimental setup: presents vergence movement targets while the eye tracking instrumentation record the resulting eye movements.

2.2.2 VisualEyes Software, Stimuli Presentation, and Data Collection

VisualEyes is a custom LabVIEWTM (National Instruments, Austin, TX) program that

controls the stimuli presentation and data collection from the experimental instrumentation.

The software separately presents visual stimuli to the left and right eye using two monitors, one for each eye, and partially reflective mirrors¹¹. As shown in Figure 2.1, each monitor produces a stimulus which is transposed onto and reflected by the mirrors. The reflection simulates a symmetrical disparity vergence stimulus along the midline of the subject. In order to keep accommodation constant, the total distance that the stimulus (the focal length) travels is 40 cm for the entire experiment. This study was to only examine disparity vergence. This was achieved using a Gabor patch (Fig 2.2). The digitization of the eye movement data recorded from each eye from the ISCAN instrumentation is done by a 12-bit digital acquisition (DAQ) card (National Instruments 604 E series, Austin, TX) with a sampling frequency of 500 Hz.

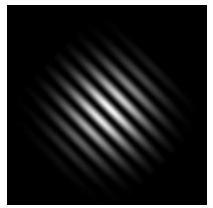


Figure 2.2 This is a figure of a Gabor Patch.

Source [38]

2.3 Experimental Procedure

2.3.1 Assessment Procedure

An assessment procedure was required to determine whether changes to the vergence oculomotor system would occur. This assessment was given before and after the therapy procedure. The assessment and therapy procedures were different to reduce potential procedural learning. The 12 weeks in between the first and final assessment also reduced the potential of procedural learning. Phoria level was not accounted for in the assessment and was not individualized for each subject. Four types of movements were presented with the using the stimuli presented in table: ramps, disappearing steps, step ramps, and saccades. These are shown in Figure 2.3. They are notated as the type of movement followed by the degree change (Table 2.2).

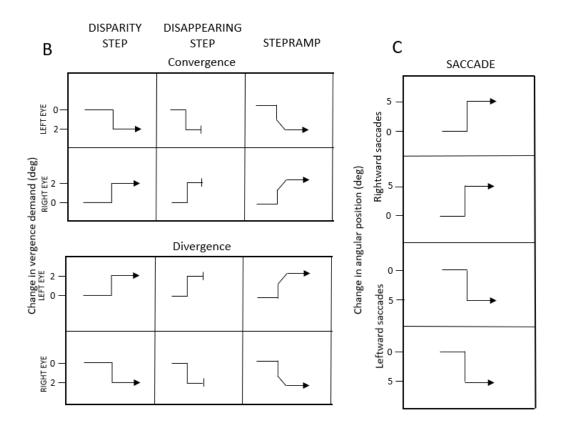


Figure 2.3 There are different types of stimuli movements, shown above. Convergence (Left, top), Divergence (left, bottom), and Saccadic (right) movement are shown. Convergence and divergence show different stimuli to each eye (disjunctive) while saccades show the same stimuli (conjunctive). 0 represents the baseline degree in which the stimuli are initially placed while 2 denotes the stimuli's final degree. B: Schematic representation of 4 deg symmetrical disparity step, disappearing step (with the stimulus disappearing after 100 milliseconds), and stepramp disconjugate stimuli. (6 deg disparity stimuli also studied but not shown) C: Schematic representation of 5 deg saccadic stimuli (10 deg stimuli also studied but not shown).

Type of Movement Example		Full Name of Example	Degree of Movement
Disparity Step	Con48	Convergence	4 to 8 degrees
Disappearing Step	DSCon26	Convergence Disappearing	2 to 6 degrees
		Step	
Stepramp	FastCon212	Fast Convergence Stepramp	2 to 12 degrees
Saccade	L2M5	Left to Middle	5 degrees

 Table 2.2 Table of Movement Abbreviations

2.3.2 Therapy Procedure

There was an OBPT and an OBVAT utilized. The OBPT consisted of changing techniques weekly. Necker Cube, HTS Placebo Accommodation and Vergence, Monocular Brock String, Visual Closure, Double Maddox rod, and more techniques were used. These techniques are normally designed to improve monocular inputs, eye focusing, ability to detect targets, visual response speed, eve teaming skills, and visual processing skills. These are not designed to be used for improving vergence or accommodation but are designed to give subjects the impression that they are receiving the appropriate therapy. The schedule is shown in Figure 2.4. The OBVAT consisted of three phases, shown in Figure 2.5. Phase One consisted of gross convergence, positive fusional vergence, and monocular accommodative therapy. Phase two consisted of ramp fusional vergence and monocular accommodative therapy. Phase three consisted of jump fusional vergence and binocular accommodative facility. These phases included such techniques such as vectograms, Brock String, Barrell Card, Loose Lens Accommodative Rock, Letter Chart Accommodative Rock, Life Saver Cards, Eccentric Circles, HTS, and more. These techniques used in OBVAT are designed to improve both vergence and accommodation.

Initial Training Visit

Technique	Time	Goal
In Office		
Necker Cube	12 minutes	
HTS - Placebo Accommodation	8 minutes	Improve focusing and speed of
		response
Ductions	4 minutes	Equalize monocular inputs
Monocular Brock String - level	6 minutes	Equalize monocular inputs
one		
Visual Closure - Lines and Boxes	10 minutes	Eye teaming
At Home		
Monocular Brock String and TV	15 minutes	
Trainer		

Week 1

Technique	Time	Goal
In Office		
Necker Cube	12 minutes	
HTS - Placebo Accommodation	8 minutes	Improve focusing and speed of response
Ductions	4 minutes	Equalize monocular inputs
Monocular Brock String -level two	6 minutes	Equalize monocular inputs
Visual Closure - Lines and Boxes	10 minutes	Eye teaming
At Home		
Monocular Brock String and TV Trainer	15 minutes	

Week 2

Technique	Time	Goal
In Office		
Necker Cube	12 minutes	
HTS - Placebo Accommodation	8 minutes	Improve focusing and speed of response
Bailey-Lovie Acuity	4 minutes	Equalize monocular inputs
Monocular Brock String-level two	6 minutes	Equalize monocular inputs
Visual Closure – Closing on Center	10 minutes	Eye teaming
At Home	•	
Monocular Brock String and TV Trainer	15 minutes	

Technique	Time	Goal
In Office		
Necker Cube	12 minutes	
HTS - Placebo Accommodation	8 minutes	Improve focusing and speed of response
Bailey-Lovie Acuity	4 minutes	Equalize monocular inputs
Monocular Brock String – level three	6 minutes	Equalize monocular inputs
Visual Closure – Closing on Center	10 minutes	Eye teaming
At Home		
Monocular Brock String and TV Trainer	15 minutes	

Weeks 4 & 5

Technique	Time	Goal
In Office		
Necker Cube	12 minutes	
HTS - Placebo Accommodation	8 minutes	Improve focusing and speed of response
After Image	4 minutes	Equalize monocular inputs
Red/Red Activities	6 minutes	Eye teaming
Visual Figure Ground – Hidden Characters (level 1)	10 minutes	Eye teaming
At Home		
HTS Vergence/Accommodation (or Red Lens Activities) and TV Trainer	15 minutes	

Weeks 6 & 7

Technique	Time	Goal
In Office		
Necker Cube	12 minutes	
HTS - Placebo vergence	8 minutes	Improve eye teaming and speed of response
Strobismo Trainer	4 minutes	Eye teaming
Yoked Prism Flippers	6 minutes	Eye teaming
Visual Figure Ground – Figuring Words (level 2)	10 minutes	Eye teaming
At Home		
HTS Vergence/Accommodation	15 minutes	
(or Red Lens Activities) and		
Polaroid Playing Cards		

Weeks 8 & 9

Technique	Time	Goal
In Office		
Necker Cube	12 minutes	
HTS - Placebo Vergence	8 minutes	Improve eye teaming and speed of
_		response
Modified Thorington	4 minutes	Eye teaming
Bernell-o-scope level 1	6 minutes	Eye teaming
Visual Spatial Skills	10 minutes	Eye teaming
At Home		
HTS Vergence/Accommodation	15 minutes	
(or Red Lens Activities) and		
Polaroid Playing Cards		

Weeks 10 & 11

Technique	Time	Goal		
In Office				
Necker Cube	12 minutes			
HTS - Placebo Vergence	8 minutes	Improve eye teaming and speed of		
		response		
Double Maddox Rod	4 minutes	Eye teaming		
Bernell-o-scope level 2	6 minutes	Eye teaming		
Visual Spatial Skills	10 minutes	Eye teaming		
At Home				
HTS Vergence/Accommodation	15 minutes			
(or Red Lens Activities) and				
Polaroid Playing Cards				

Maintenance Therapy

Technique	Time	Goal
At Home		
TV Trainer	10 minutes	To improve eye teaming ability by using visual and motor inputs.
Polaroid Playing Cards	5 minutes	

Figure 2.4 This is the schedule of the entirety of sham therapy.

Source [36]

	Phase	e One		
Gross convergence, Po	sitive Fusional Vergen	ce and Monocular Ad	commodative Therapy	
	Techn	iques		
C	Projetico Proje		Managed and American Indian Theorem	
Gross Convergence Brock String	Positive Fusio Vectograms (C		Monocular Accommodative Thera Loose Lens Accommodative Rock	
Barrell Card	Computer Orth		Letter Chart Accommodative Roc	
barren caru	Life Sav		Letter Chart Accommodative Roc	
		ci cardo		
	Hom	e VT		
Brock String			Barrell Card	
Loose Lens Accommodative	e Rock		Life Saver Cards	
Letter Chart Accommodativ	e Rock	Home	Therapy Software Disk (HTS)	
		2		
	Phase	e Two		
Ramp Fusio	nal Vergence and Mor	nocular Accommodat	ive Therapy	
	Techn	iques		
Ramp Fusional Verge			lar Accommodative Facility	
Vectograms (Quoits/Clov			Lens Accommodative Rock	
Computer Orthoptics (R	DS)	Letter	Chart Accommodative Rock	
Aperature Rule				
Eccentric Circles				
Product Designation	Hom	e VT	A second second second	
Random Dot Card Eccentric Circles		Loose lens Accommodative Therapy Letter Chart Accommodative Therapy		
HTS (base-out, base-in, and autosli	ide vergence)	Letter	nart Accommodative Therapy	
		L		
	Phase			
Jump Fusi	onal Vergence and Bin	ocular Accommodati	ve Facility	
	Techn	niques		
Jump Fusional Verger			alar Accommodative Facility	
Vectograms (Quoits/Clov	xn)	Binoc	ular Accommodative Facility	
Computer Orthoptics (R	DS)			
Aperature Rule				
Eccentric Circles				
Loose Prism Facility				
	Hom	e VT		
Eccentric Circles		Loose Prism Jumps		
Executive curves	acility		Random Dot Card	
Binocular Accommodative F				
	ide vergence)			
Binocular Accommodative F	ide vergence)			
Binocular Accommodative F		C Therapy]	

Figure 2.5 These are the OBVAT therapy phases.

Source [37]

2.4 Data Analysis

2.4.1 Data Processing

MATLAB was used to import and analyze the eye movement data. The raw right eye positional data subtracted from the left eye positional data to compute the vergence movement. This required the assumption that the resolutions of both eyes were the same when the data were collected. Far vergence step response calibration consisted of a sixpoint, monocular calibration. The 1°, 3°, and 5° monocular, corresponded to the 2°, 6°, 10° binocular vergence angle demand. Near vergence step response calibration consisted of a sixpoint, monocular calibration. The 4°, 5°, and 6° monocular, corresponded to 8°, 10°, 12° binocular vergence angle demand. These calibrations were performed before and after completion of each experimental group. Other steps in the data analysis included the removal of outliers (2 standards deviations away from the mean), blink removal (easily identified by the large signal seen as the camera loses the eye image due to the closing of the eyelids), and the acquiring of the velocity trace of each movement. Any movements with a saccade in the transient were removed.

2.4.2 Eye Movement Parameters Analyzed

There were 6 aspects of the eye movement that were measured: the latency, time to peak velocity, peak velocity, response amplitude, final amplitude, and main sequence ratio. The main sequence ratio in this case is the ratio of the peak velocity and response amplitude. These were compared for the before and after therapy data, between the sham and placebo therapy, and between genders using a mixed ANOVA. Figure 2.6 shows a typical vergence eye movement, with all parameters that were measured labelled on the graph. The peak

velocity and time to peak velocity is measured using the velocity graph. Figure 2.7 shows the phase plot of response amplitude, which is how response amplitude was determined.

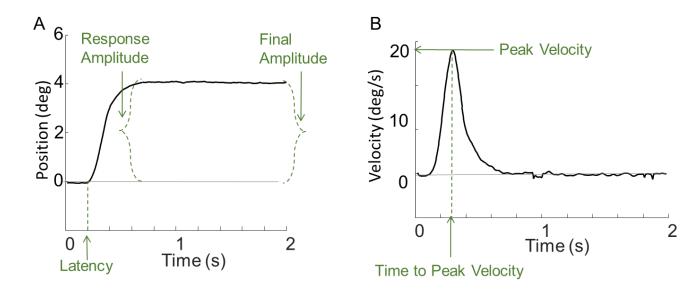


Figure 2.6 In this figure, A represents a typical 4-degree convergence eye movement, and B represents the velocity graph of the movement. The latency, response amplitude, and final amplitude can be measured on A while B is used to measure the time to peak velocity and peak velocity. Main sequence ratio is the ratio between the peak velocity and response amplitude.

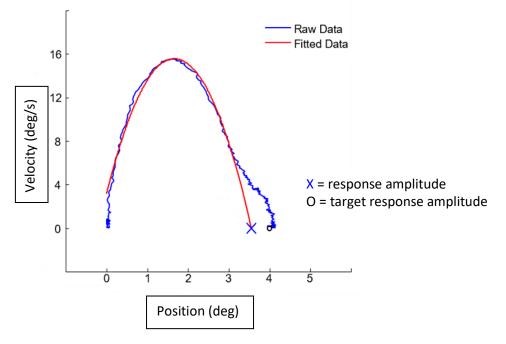


Figure 2.7 In this figure, the phase plot of response amplitude is shown. The raw data of velocity to position is plotted, with is then filtered. The new curve is then used to find the response amplitude.

CHAPTER 3

RESULTS

3.1 Clinical Results

Subject	Туре	Therapy	Age/Gender	CISS	NPC	PFV
5	51	1.5	C	Before/After	Before/After	Before/After
NIH021	BNC	Active	22/M	/15	4/4	35/45+
NIH022	BNC	Active	19/M	15/11	4/5	40/50
NIH058	BNC	Active	18/M	4/10	7/5.5	18/40
NIH059	BNC	Active	18/F	5/4	6/5.5	20/40
NIH063	BNC	Active	24/M	13/13	5/4	35/45
NIH070	BNC	Active	25/M	1/5	5/2	25/25
NIH082	BNC	Active	25/M	10/4	3/3	40/40
NIH085	BNC	Active	22/M	5/7	4/3.5	30/30
NIH086	BNC	Active	21/M	9/12	3/2	35/45
NIH090	BNC	Active	34/M	16/7	2.5/3	18/35
NIH092	BNC	Active	23/M	8/10	5/2.5	35/30
NIH096	BNC	Active	20/M	13/10	2.5/2	40/35
NIH100	BNC	Active	25/M	1/2	3/2.5	45/40
NIH104	BNC	Active	19/M	10/6	2.5/3	30/40
NIH134	BNC	Active	20/M	13/6	3/2	50/45
NIH139	BNC	Active	21/M	0/0	4/2.5	30/35
NIH141	BNC	Active	21/M	35/6	4/5	18/45
NIH142	BNC	Active	18/F	10/5	5/5.5	30/30
NIH148	BNC	Active	21/F	15/6	5/3	40/35
NIH153	BNC	Active	22/M	14/8	2/4.5	25/30
NIH157	BNC	Active	22/F	3/1	2/2	35/40
NIH160	BNC	Active	19/M	2/7	4.5/2	35/35
NIH180	BNC	Active	18/F	3/0	4.5/7	20/12
NIH184	BNC	Active	18/M	6/6	2/2	30/50
NIH185	BNC	Active	32/F	0/3	3/3	35/35
Averages		7.37/6.56	3.82/3.44	31.76/36.96		
			t=1.396	t=1.378	t=-2.622	
Paired T Test (Within Subject) Significance			df=23	df=24	df=23	
				p=0.176	p=0.181	p=0.015

 Table 3.1 Table of Active Therapy Subject Information

Subject	Туре	Therapy	Age/Gender	CISS	NPC	PFV
	. –			Before/After	Before/After	Before/After
NIH016	BNC	Placebo	20/F	17/10	5.5/4.5	35/45+
NIH023	BNC	Placebo	18/M	17/15	5/3.5	25/45
NIH030	BNC	Placebo	22/M	4/2	3/3.5	16/20
NIH052	BNC	Placebo	23/M	10/11	4/4	35/18
NIH053	BNC	Placebo	18/F	11/7	2/3	30/35
NIH054	BNC	Placebo	19/M	19/23	2/3	45+/20
NIH060	BNC	Placebo	18/M	12/22	5.5/4	25/40
NIH064	BNC	Placebo	21/F	11/19	5/3.5	20/35
NIH068	BNC	Placebo	18/M	3/8	4/2.5	40/30
NIH083	BNC	Placebo	22/M	7/6	3/4	40/45
NIH084	BNC	Placebo	22/M	10/9	2.5/2	30/30
NIH091	BNC	Placebo	24/M	3/5	2/2.5	25/30
NIH094	BNC	Placebo	21/M	9/8	4.5/4.5	30/35
NIH099	BNC	Placebo	22/F	3/6	4/3.5	25/40
NIH101	BNC	Placebo	25/M	9/4	4/4.5	45/45
NIH135	BNC	Placebo	21/F	0/0	2/4	20/30
NIH136	BNC	Placebo	18/F	16/13	3/3.5	16/12
NIH143	BNC	Placebo	25/F	9/4	5/5.5	40/30
NIH146	BNC	Placebo	21/M	9/2	5/5	40/35
NIH147	BNC	Placebo	23/F	7/26	3/2	40/35
NIH149	BNC	Placebo	23/F	6/2	4/3.5	40/30
NIH150	BNC	Placebo	26/M	3/13	4/6.5	30/20
NIH158	BNC	Placebo	23/M	57/5	3/3.5	35/35
NIH159	BNC	Placebo	23/M	26/0	5/5.5	35/35
NIH179	BNC	Placebo	25/M	3/2	4/3	25/20
	A	verages		8.96/8.88	3.76/3.78	30.92/31.25
				t=0.083	T=-0.093	t=-0.497
Pa	ired T Tes	st (Within Su	bject)	df=24	df=24	df=22
				p=0.934	p=0.927	p=0.624

 Table 3.2 Table of Sham Therapy Subject Information

The active therapy BNC had a CISS of 6.56 ± 3.94 , NPC of 3.44 ± 1.47 , and PFV of 36.96 ± 8.61 after therapy (Table 3.1). The sham therapy BNC had a CISS of 8.88 ± 7.33 , NPC of 3.78 ± 1.09 , and PFV of 31.25 ± 9.04 after therapy (Table 3.2). OBVAT therapy subjects saw slight improvement in CISS, NPC, and PFV while the sham therapy saw almost no change. The subjects where changes occurred were primarily from the OBVAT cohort.

3.2 Latency Results and Time to Peak Velocity Results

Table A1 and A2 summarizes the values of latency and time to peak velocity respectively. These tables also show the results of the mixed ANOVA. For latency, out of 38 movements there were 11 (Con 28, Con 48, Div 126, DS Con 26, DS Con 812, DS Div 126, DS Div 128, DS Div 84, FastCon 212, L2M5, and M2L5) movements that showed significant difference. 3 of the 11 (Div 126, DS Con 812, DS Div 128) showed difference by sex, 4 (Con 28, Con 48, DS Div 126, and FastCon 212) showed by before/after therapy, and 5 (DS Con 26, DS Div 84, FastCon212, L2M5, and M2L5) showed by therapy type. For time to peak velocity, there were 13 out of 38 (Con26, Con 28, Con 48, Div 62, DS Con 26, DS Div 84, FastCon 212, FastDiv 122, SlowDiv 126, SlowDiv 82, L2M5, M2L5, and R2M5) that had significant difference. 1 of the 13 (Con 28) showed difference by sex, 7 (DS Con 26, DS Div 84, FastCon 212, FastDiv 122, SlowDiv 126, SlowDiv 82, and R2M5) showed by before/after therapy, and 6 (Con26, Con 28, Con 48, Div 62, L2M5, and M2L5) showed by therapy type. Post hoc analysis was only done on movements that showed significance in both before/after therapy and therapy type. There was one (FastCon212) for latency and none for time to peak velocity. When the post-hoc analysis was done, the one movement (FastCon 212) showed that OBVAT therapy made a significant difference in the latency before/after therapy. The mean latency from the fast convergence step ramp that was from 2 to 12 degrees showed a statistically significant decrease in latency due to OBVAT therapy. Though the sham FastCon212 mean latency decreases, it is not statistically significant. The divergence movements with the same degrees of movement are also not statistically significant.

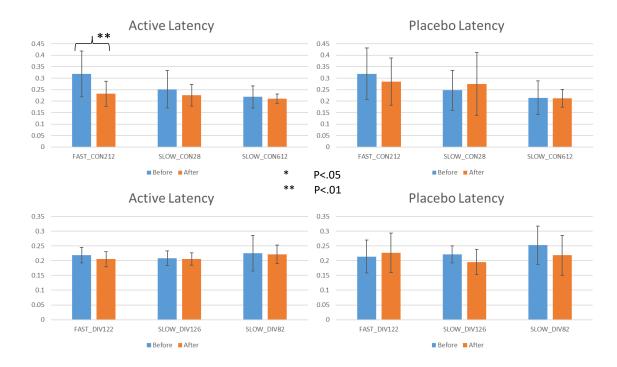


Figure 3.1 This figure shows the means and standard deviations for stepramp convergence and stepramp divergence movements for both the active and placebo therapies.

3.3 Peak Velocity Results

Table A3 summarizes the values of peak velocity. These tables also show the results of the mixed ANOVA. For time to peak velocity, there were 20 out of 38 (Con 26, Con 28, Con 48, Con 610, Con 612, Con 812, Div 62, Div 84, DS Con 26, DS Con 28, DS Con 48, DS Con 612, DS Div 106, DS Div 126, DS Div 84, FastCon 212, SlowCon 28, SlowCon 612, SlowDiv 126, and SlowDiv 82) that had significant difference. 16 out of 20 (Con 26, Con 28, Con 610, Con 612, Con 812, DS Con 26, DS Con 28, DS Con 48, DS Con 610, Con 612, Con 812, DS Con 26, DS Con 28, DS Con 48, DS Con 612, DS Div 84, FastCon 212, SlowCon 28, SlowCon 612, SlowDiv 126, and SlowDiv 82) showed difference by before/after therapy, 3 (DS Con 612, DS Div 106, and SlowDiv 82) showed difference by sex, and 14 (Con 26, Con 28, Con 48, Con 610, Con 812, DS Con 26, DS Con 28, DS Con 28, DS Con 48, DS Con 612) showed by therapy type. Post hoc analysis was only done on movements that showed

significance in both before/after therapy and therapy type. There was 10 for peak velocity. When the post-hoc analysis was done, all ten movements (Con 26, Con 28, Con 610, Con 812, DS Con 26, DS Con 28, DS Con 48, FastCon 212, SlowCon 28, and SlowCon 612) showed that OBVAT therapy made a significant difference between the before/after data. All ten movements showed a statistically significant increase in the peak velocity. The subjects that underwent the placebo therapy showed either no improvement or statistically insignificant changes (mostly negligible increases). Though the divergence movements saw, for the most part, higher peak velocities as well they were statistically insignificant.

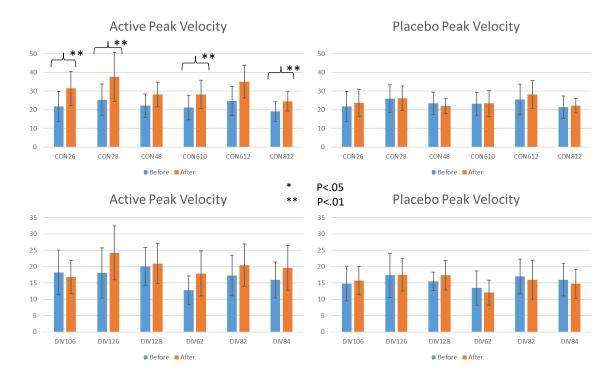


Figure 3.2 This figure shows the means and standard deviations for convergence and divergence movements for both the active and placebo therapies.

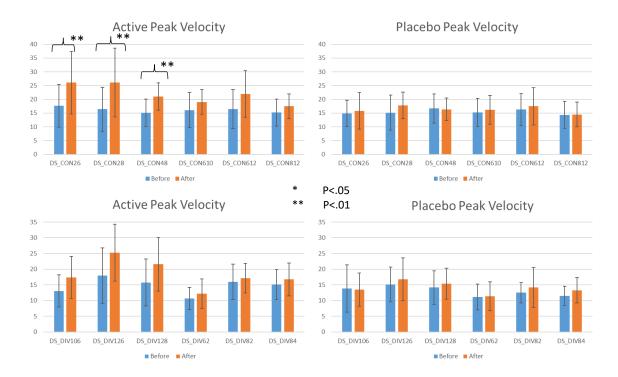


Figure 3.3 This figure shows the means and standard deviations for disappearing step convergence and disappearing step divergence movements for both the active and placebo therapies.

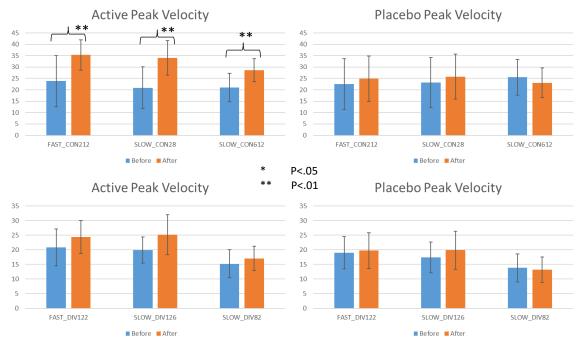


Figure 3.4 This figure shows the means and standard deviations for stepramp convergence and stepramp divergence movements for both the active and placebo therapies.

3.4 Response Amplitude and Final Amplitude Results

Table A4 and A5 summarizes the values of response amplitude and final amplitude respectively. These tables also show the results of the mixed ANOVA. For response amplitude, there were 10 out of 38 (Con 28, Con 612, Con 812, DS Con 48, DS Con 612, DS Div 106, DS Div 128, SlowCon 28, M2L10, M2R5) that had significant difference. 7 out of 10 (Con 28, Con 612, Con 812, DS Con 612, SlowCon 28, M2L10, and M2R5) showed difference by before/after therapy, 2 (DS Div 106 and DS Div 128) showed difference by sex, and 1 (DS Con 48) showed by therapy type. For final amplitude, there were 11 (Con 48, Div 82, Div 84, FastCon 212, SlowCon 28, FastDiv 122, SlowDiv 82, L2M10, M2L10, M2R10, R2M10) out of 38 that had significant difference. 10 out of 11 (Con 48, Div 82, FastCon 212, SlowCon 28, FastDiv 122, SlowDiv 82, L2M10, M2L10, M2R10, R2M10) showed difference by before/after therapy, 3 (Con 48, Div 84, and SlowCon 28) showed difference by sex, and 7 (FastCon 212, FastDiv 122, SlowDiv 82, L2M10, M2L10, M2R10, R2M10) showed by therapy type. Post hoc analysis was only done on movements that showed significance in both before/after therapy and therapy type. There was none for response amplitude and seven for final amplitude. When the post-hoc analysis was done, all seven movements (FastCon 212, FastDiv 122, SlowDiv82, L2M10, M2L10, M2R10, and R2M10) showed that OBVAT therapy made a significant difference between the before/after data. The seven movements showed amplitudes closer to the target, if not at the target, amplitude post therapy. Their sham therapy counterparts showed negligible change in amplitude.

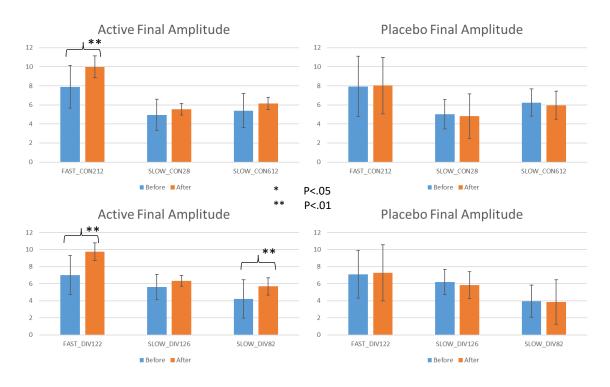


Figure 3.5 This figure shows the means and standard deviations for stepramp convergence and stepramp divergence movements for both the active and placebo therapies.

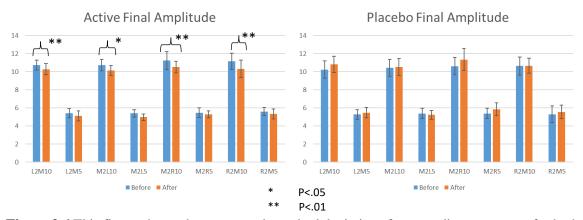


Figure 3.6 This figure shows the means and standard deviations for saccadic movements for both the active and placebo therapies.

3.5 Main Sequence Ratio Results

Table A6 summarizes the values of main sequence ratio. These tables also show the results of the mixed ANOVA. For main sequence ratio, there were 15 out of 38 (Con 28, Con 48, Con 610, Con 612, Div 62, Div 84, DS Con 48, DS Con 612, DS Div 128, DS Div 84,

FastCon 212, SlowCon 612, M2L5, M2R10, R2M5) that had significant difference. 5 out of 15 (Con 48, Con612, DS Con 48, DS Div 84, and SlowCon 612) showed difference by before/after therapy, 2 (DS Div 128 and M2R10) showed difference by sex, and 11 (Con 28, Con 48, Con 610, Div 62, Div 84, DS Con 612, DS Div 84, FastCon 212, SlowCon 612, M2L5, and R2M5) showed by therapy type. Post hoc analysis was only done on movements that showed significance in both before/after therapy and therapy type. There was three for main sequence ratio. When the post-hoc analysis was done, only three movements (Con 48, DS Div 84, and SlowCon 612) showed that OBVAT therapy made a significant difference between the before/after data. OBVAT subject's Con 48 showed a statistically significant increase in main sequence ratio, with their other convergence movements also increased but not significantly. Placebo DS Div 84 and SlowCon 612 showed significant increases in their ratios as well. All other movements showed insignificant increases.

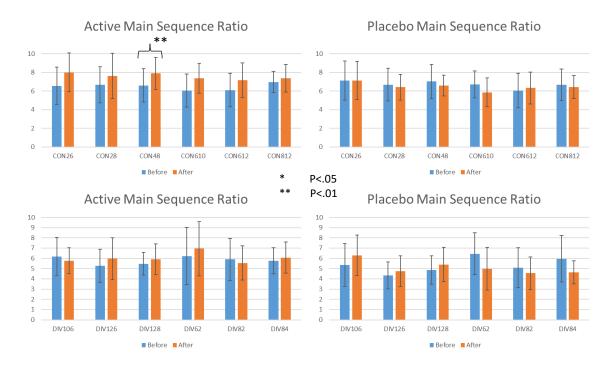


Figure 3.7 This figure shows the means and standard deviations for convergence and divergence movements for both the active and placebo therapies.

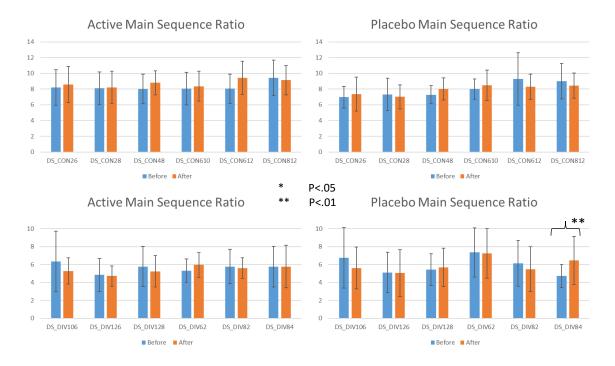


Figure 3.8 This figure shows the means and standard deviations for disappearing step convergence and disappearing step divergence movements for both the active and placebo therapies.

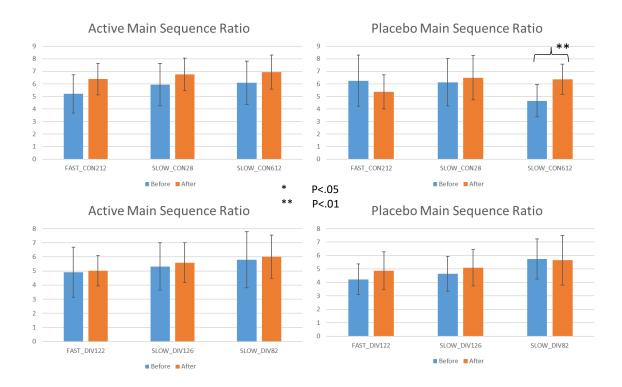


Figure 3.9 This figure shows the means and standard deviations for stepramp convergence and stepramp divergence movements for both the active and placebo therapies.

CHAPTER 4

DISCUSSION and CONCLUSIONS

4.1 Discussion

Peak Velocity showed significant differences in the before vs after therapy and the type of therapy in 10 of the 20 movements (Con 26, Con 28, Con 610, Con 812, DS Con 26, DS Con 28, DS Con 48, FastCon 212, SlowCon 28, and SlowCon 612). Response amplitude was significantly different in either before vs after, sex, or therapy type. This suggests that the FIC is improving. As seen in previous studies, near convergence movements were faster than far¹⁵. For divergence, the reverse was true. Near divergence movements were slower than far divergence movements. The increase in peak velocities and response amplitude closer to target post therapy matches results seen in previous studies²⁵. Final amplitude also saw the OBVAT subjects achieving the target amplitudes.

An aspect to consider when analyzing the results of any data collected is to be wary that peak velocity can change as a function of the person's phoria level ^{8,10,12,13,16,21,26,27}. When trying to analyze, final amplitude is an excellent way to compare your results when there is no normative data. When shown, for example, a 4 degree step the response amplitude should be 4 degrees as well. This would be the ideal case.

One difference of interest is between the convergence and divergence peak velocities. As seen in previous studies, convergence movements have higher velocities than the divergence movements⁹. This evidence supports the hypothesis that the phoria (SFTS) acts as a "spring". This spring accelerates the convergence movements but slows the divergence movements. The Dual Mode Theory states that disparity vergence is a two-

component system ^{14,28-31}. The Fusion Initiating Component (FIC) is a preprogrammed response¹⁸. It is responsible for moving the eyes towards the new target quickly, but it may not be precise or accurate. Preprogrammed control is a predetermined series of actions that the brain executes without any feedback from the external sources once the series of actions is initiated. The Fusion Sustaining Component (FSC) is different in that it is feedback controlled. It is responsible for moving the eyes from where they are currently located to the desired target. Feedback control means the brain will determine where the target is and where the eyes are currently located. The FSC then rotates the eyes toward the intended target until the eyes are located at or very close to the target. FIC modelling and signal processing show²⁰ that it follows the velocity trace signal, and is hypothesized to be generated by the "velocity-encoding" burst cells as described in neurophysiology studies found near the oculomotor nucleus within the midbrain³². The FSC, on the other hand, mimics the "position-encoding" tonic cells which are distinct cells, also located in the midbrain³². The FIC is assessed using the vergence peak velocity. The FSC is assessed by the final amplitude.

This study improves and adds to previous studies in a few ways. Daum's⁴² study did not have as many subjects trained for as long of time. Daum also did not have a sham to compare the active therapy results to. This study utilized ramp stimuli and knowledge of the vergence response in order to determine effectiveness of the therapies. Ciuffreda's⁴³ retrospective study revealed results about non-binocularly normal people undergoing therapy, while this study only studied BNCs (who did not have history of brain injury or any eye dysfunctions). This study expanded on Yang et al. ⁴⁴ by testing not just latency, but 5 more parameters as well, all done using two groups of young adults placed into active

and sham therapy. This study built on Talasan et al. ²¹ by having a larger sample and by having the second group participate in sham therapy, helping to keep all of the subjects naïve as to whether or not they were receiving active therapy.

One area of possible utilization of vision therapy on binocularly normal people is for sports. Sports require quick and accurate target acquisition. Sports vision training is an evolving field, and there are new techniques always being developed. There are some training procedures that work in component skill training³³. Low-level visual instruments, perceptual-cognitive training instruments, visual-motor reaction training, and integrated sensorimotor batteries of behavioral tasks. Others believe that simulating live game situations creates the best sports vision training. Stroboscopic visual training, eye tracking and quiet eye (QE) training, and sports simulations and virtual reality platforms are used in these situations. Training to improve the symmetry of the left and right eye movements has been shown to be possible¹⁹ and might also improve their skills in their game. Previous studies have shown in baseball that the best hitters have the best "saccadic pursuit, and convergence abilities" ⁴⁰. It was also shown that training could significantly improve batting ability⁴¹. The improvements in the controls suggest that OBVAT vision therapy may be used for sports enhancement. This can be done to improve athletic performance in many sports, especially ball sports. Sports ranging from football to ping pong require quick and accurate visual acquisition of the ball in order to catch or hit it. From this study, the improvements to the peak velocities of the subjects in OBVAT suggest that OBVAT could be used to improve the speed in which athletes can see their target. It has been shown that even short periods of training can provide long-term improvement to those who undergo it⁴². Improvement in healthy subjects can be translated to direct personalized procedures

that athletes could undergo to improve their visual performance. Mild TBI/concussions that may occur during play that may cause CI which can then also be treated using OBVAT¹⁷.

4.2 Conclusions, Future Work, and Limitations

This study shows that OBVAT on binocularly normal controls shows significant improvements to the vergence oculomotor system. Future work should include a similar study focused on subjects with CI to determine whether OBVAT significantly improves eye movements and therefore the visual system. This study could also be redone with people of different age groups. This study utilized mostly young adult students. This could be repeated with children or older adults to see how age affects a person's eye movement parameters, especially in older adults in which presbyopia may have an effect. Aging is associated with a decrease in the magnitude of phoria adaptation but not the rate of adaptation or disparity vergence, but more can be done with this²³. The FIC improvements shown suggest that the midbrain may be changing regarding "velocity-encoding" burst cells. A functional imaging study of all participants should be conducted to determine if there is actual physiological change between the OBVAT and OBPT subjects. This should also be translated into personalized therapy to better suit an individual's needs.

Some limitations of the study included subjects having to sit at a traditional haploscope for a certain amount of time to do the eye movement assessment. This also may have happened at any time of day, meaning that the subject's alertness could affect their movements. A subject could get more tired as the assessment progressed, especially later in the day, which may negatively impact their movements. A future study could eliminate

that variable. Phoria was not controlled for each subject, meaning that they did not have personalized levels when doing the movements.

APPENDIX A

STATISTICAL ANALYSIS

Table A1 This table contains the statistics showing the factor, error df, and significance between-factor (before vs after therapy), between-sex (M vs F), and between-therapy (OBVAT vs sham) for each movement's latency. The tests with significant data are highlighted in green.

Latency				
		F	Error df	Sig
	Factor	0.008	42	.929
Con 26	Sex	0.38	42	0.846
	Therapy	0.684	42	0.413
	Factor	10.771	42	0.002
Con 28	Sex	0.002	42	0.964
	Therapy	2.44	42	0.126
	Factor	18.168	43	0
Con 48	Sex	0.415	43	0.523
	Therapy	0.206	43	0.652
	Factor	0.468	42	0.498
Con 610	Sex	0.686	42	0.412
	Therapy	0.337	42	0.565
	Factor	3.689 ^b	43	0.061
Con 612	Sex	.570 ^b	43	0.454
	Therapy	.040 ^b	43	0.843
	Factor	2.504 ^b	42	.121
Con 812	Sex	.824 ^b	42	.369
	Therapy	.048 ^b	42	.828
	Factor	.084 ^b	42	.773
Div 106	Sex	.543 ^b	42	.465
	Therapy	4.056 ^b	42	.050
	Factor	1.737 ^b	40	.195
Div 126	Sex	8.315 ^b	40	.006
	Therapy	3.803 ^b	40	.058
	Factor	1.702	43	.199
Div 128	Sex	1.748	43	.193
	Therapy	0.132	43	.718
	Factor	.176 ^b	40	.677
Div 62	Sex	.051 ^b	40	.823
	Therapy	.084 ^b	40	.773
	Factor	.326 ^b	43	.571
Div 82	Sex	.533 ^b	43	.469
	Therapy	.004 ^b	43	.947
	Factor	.337 ^b	42	.565
Div 84	Sex	.095 ^b	42	.760
	Therapy	.906 ^b	42	.347
	Factor	.260 ^b	42	.613
DS Con 26	Sex	1.513 ^b	42	.226
25 201 20	Therapy	6.775 ^b	42	.013

	Factor	2.123 ^b	45	.15
DS Con 28	Sex	.622 ^b	45	.43
	Therapy	1.967 ^b	45	.16
	Factor	.109 ^b	45	.74
DS Con 48	Sex	.299 ^b	45	.58
	Therapy	.056 ^b	45	.81
	Factor	1.747894	41	.19
DS Con 610	Sex	.815 ^b	41	.78
	Therapy	.062 ^b	41	.80
	Factor	.015 ^b	41	.90
DS Con 612	Sex	2.345 ^b	41	.13
	Therapy	.656 ^b	41	.42
	Factor	.003 ^b	44	.95
DS Con 812	Sex	5.140 ^b	44	.02
	Therapy	2.917 ^b	44	.09
	Factor	.439 ^b	44	.51
DS Div 106	Sex	.689 ^b	44	.41
	Therapy	.850 ^b	44	.36
	Factor	4.069 ^b	44	.05
DS Div 126	Sex	.007 ^b	44	.93
	Therapy	.765 ^b	44	.38
	Factor	.248 ^b	43	.62
DS Div 128	Sex	5.299 ^b	43	.02
	Therapy	.437 ^b	43	.51
	Factor	.624 ^b	43	.43
DS Div 62	Sex	.031 ^b	43	.86
	Therapy	1.235 ^b	43	.27
	Factor	.000 ^b	45	.99
DS Div 82	Sex	3.120 ^b	45	.08
	Therapy	.829 ^b	45	.36
	Factor	.248 ^b	47	.62
DS Div 84	Sex	.817 ^b	47	.37
	Therapy	4.204 ^b	47	.04
	Factor	6.899 ^b	39	.01
FastCon 212	Sex	.006 ^b	39	.94
	Therapy	4.144 ^b	39	.04
	Factor	.063 ^b	36	.80
SlowCon 28	Sex	.295 ^b	36	.59
	Therapy	1.440 ^b	36	.23
	Factor	2.549 ^b	41	.11
SlowCon 612	Sex	.038 ^b	41	.84
F	Therapy	.629 ^b	41	.43
	Factor	.007 ^b	34	.93
FastDiv 122	Sex	.040 ^b	34	.84
F	Therapy	3.462 ^b	34	.07
	Factor	3.620 ^b	34	.06
SlowDiv 126	Sex	.565 ^b	34	.45
F	Therapy	2.117 ^b	34	.15

	Factor	2.971 ^b	39	.093
SlowDiv 82	Sex	.009 ^b	39	.92
	Therapy	2.233 ^b	39	.14
	Factor	.002 ^b	44	.96
L2M10	Sex	.032 ^b	44	.85
	Therapy	2.511 ^b	44	.12
	Factor	.110 ^b	46	.74
L2M5	Sex	.014 ^b	46	.90
	Therapy	6.677 ^b	46	.01
	Factor	1.746 ^b	42	.19
M2L10	Sex	.451 ^b	42	.50
	Therapy	1.293 ^b	42	.26
	Factor	.085 ^b	45	.77
M2L5	Sex	.163 ^b	45	.68
	Therapy	8.761 ^b	45	.00
	Factor	3.259 ^b	45	.07
M2R10	Sex	.046 ^b	45	.83
	Therapy	.269 ^b	45	.60
	Factor	.081 ^b	44	.77
M2R5	Sex	.387 ^b	44	.53
	Therapy	.099 ^b	44	.75
	Factor	.810 ^b	46	.37
R2M10	Sex	.043 ^b	46	.83
	Therapy	.488 ^b	46	.48
	Factor	2.478 ^b	45	.12
R2M5	Sex	.154 ^b	45	.69
	Therapy	.045 ^b	45	.83

Table A2 This table contains the statistics showing the factor, error df, and significance for between-factor (before vs after therapy), between-sex (M vs F), and between-therapy (OBVAT vs sham) for each movement's time to peak velocity. The tests with significant data are highlighted in green.

Time To Peak Velocity					
		F	Error df	Sig	
	Factor	1.417 ^b	42	0.241	
Con 26	Sex	.193 ^b	42	0.663	
	Therapy	10.651 ^b	42	0.002	
	Factor	3.780 ^b	44	0.058	
Con 28	Sex	5.471 ^b	44	0.024	
	Therapy	11.256 ^b	44	0.002	
	Factor	2.177 ^b	47	0.147	
Con 48	Sex	.049 ^b	47	0.825	
	Therapy	7.080 ^b	47	0.011	
	Factor	1.340 ^b	43	0.253	
Con 610	Sex	1.122 ^b	43	0.295	
	Therapy	.390 ^b	43	0.535	
	Factor	.804 ^b	41	0.375	
Con 612	Sex	.003 ^b	41	0.956	
	Therapy	1.869 ^b	41	0.179	
	Factor	.794 ^b	41	0.378	
Con 812	Sex	.779 ^b	41	.383	
	Therapy	2.883 ^b	41	.097	
	Factor	.514 ^b	40	.478	
Div 106	Sex	.063 ^b	40	.803	
	Therapy	1.934 ^b	40	.172	
	Factor	.293 ^b	37	.592	
Div 126	Sex	.072 ^b	37	.789	
	Therapy	2.996 ^b	37	.092	
	Factor	.187 ^b	41	.668	
Div 128	Sex	.298 ^b	41	.588	
	Therapy	2.046 ^b	41	.160	
	Factor	.322 ^b	41	.573	
Div 62	Sex	1.607 ^b	41	.212	
	Therapy	8.702 ^b	41	.005	
	Factor	.036 ^b	42	.850	
Div 82	Sex	.200 ^b	42	.657	
	Therapy	1.514 ^b	42	.225	
	Factor	.326 ^b	40	.571	
Div 84	Sex	.235 ^b	40	.631	
	Therapy	3.306 ^b	40	.077	
	Factor	5.311 ^b	29	.029	
DS Con 26	Sex	.001 ^b	29	.974	
	Therapy	1.290 ^b	29	.265	
	Factor	.350 ^b	36	.558	
DS Con 28	Sex	1.812 ^b	36	.187	
	Therapy	3.032 ^b	36	.090	

DS Con 48 DS Con 610 DS Con 612 DS Con 812	FactorSexTherapyFactorSexTherapyFactorSexTherapyFactorSexTherapyFactorSexTherapyFactorSexTherapy	$\begin{array}{r c} 2.869^{b} \\ \hline 1.790^{b} \\ \hline 0.045^{b} \\ \hline 0.044^{b} \\ \hline 1.122^{b} \\ \hline 1.447^{b} \\ \hline 0.757^{b} \\ \hline 0.043^{b} \\ \hline 0.021^{b} \\ \hline 0.024^{b} \\ \hline 0.024^{$	38 38 38 32 32 32 32 32 34 34 34	.099 .189 .834 .441 .834 .729 .237
DS Con 610 DS Con 612	TherapyFactorSexTherapyFactorSexTherapyFactorSexSexSexSex	.045 ^b .609 ^b .044 ^b .122 ^b 1.447 ^b .757 ^b .043 ^b .021 ^b	38 32 32 32 32 32 34 34	.834 .441 .834 .729 .237
DS Con 612	FactorSexTherapyFactorSexTherapyFactorSexSex	.609 ^b .044 ^b .122 ^b 1.447 ^b .757 ^b .043 ^b .021 ^b	32 32 32 32 34 34 34	.441 .834 .729 .237
DS Con 612	SexTherapyFactorSexTherapyFactorSex	.044 ^b .122 ^b 1.447 ^b .757 ^b .043 ^b .021 ^b	32 32 34 34 34	.834 .729 .237
DS Con 612	TherapyFactorSexTherapyFactorSex	.122 ^b 1.447 ^b .757 ^b .043 ^b .021 ^b	32 34 34	.729 .237
	Factor Sex Therapy Factor Sex	1.447 ^b .757 ^b .043 ^b .021 ^b	34 34	.237
	Sex Therapy Factor Sex	.757 ^b .043 ^b .021 ^b	34	
	Therapy Factor Sex	.043 ^b .021 ^b		.391
DS Con 812	Factor Sex	.021 ^b	1 Д	.836
DS Con 812	Sex		30	.885
		.004 ^b	30	.949
	Includy	1.228 ^b	30	.27
	Factor	.247 ^b	30	.623
DS Div 106	Sex	.247 .250 ^b	30	.62
DS DIV 100	Therapy	.230 .016 ^b	30	.02
		1.632 ^b		
DS Div 126	Factor Sex	2.982 ^b	<u>38</u> 38	.209
DS DIV 120		<u> </u>		
	Therapy	2.332 ^b	38	.24
DC D' 120	Factor		28	.13
DS Div 128	Sex	.182 ^b	28	.67
	Therapy	.539 ^b	28	.46
	Factor	.308 ^b	38	.58
DS Div 62	Sex	.122 ^b	38	.72
	Therapy	.419 ^b	38	.52
	Factor	1.312 ^b	40	.25
DS Div 82	Sex	1.238 ^b	40	.27
	Therapy	.946 ^b	40	.33
	Factor	4.650 ^b	42	.03
DS Div 84	Sex	.007 ^b	42	.93
	Therapy	.020 ^b	42	.88
	Factor	11.272 ^b	39	.00
FastCon 212	Sex	.344 ^b	39	.56
	Therapy	.395 ^b	39	.53
	Factor	.559 ^b	35	.46
SlowCon 28	Sex	1.869 ^b	35	.18
	Therapy	1.719 ^b	35	.19
	Factor	1.776 ^b	42	.19
SlowCon 612	Sex	.123 ^b	42	.72
	Therapy	1.852 ^b	42	.18
	Factor	4.472 ^b	36	.04
FastDiv 122	Sex	.176 ^b	36	.67
	Therapy	.101 ^b	36	.75
	Factor	4.275 ^b	38	.04
SlowDiv 126	Sex	.216 ^b	38	.64
	Therapy	.391 ^b	38	.53
	Factor	5.861 ^b	40	.02
SlowDiv 82	Sex	.048 ^b	40	.82
	Therapy	.571 ^b	40	.454

	Factor	.179 ^b	43	.675
L2M10	Sex	2.220 ^b	43	.144
L211110	Therapy	.281 ^b	43	.599
	Factor	.102 ^b	43	.751
L2M5	Sex	.414 ^b	43	.523
_	Therapy	4.588 ^b	43	.038
	Factor	.161 ^b	43	.691
M2L10	Sex	.059 ^b	43	.809
	Therapy	.267 ^b	43	.608
	Factor	.010 ^b	44	.920
M2L5	Sex	.329 ^b	44	.569
	Therapy	6.912 ^b	44	.012
	Factor	1.808 ^b	47	.185
M2R10	Sex	.373 ^b	47	.544
	Therapy	.008 ^b	47	.931
	Factor	.001 ^b	43	.972
M2R5	Sex	1.058 ^b	43	.310
	Therapy	.229 ^b	43	.635
	Factor	.013 ^b	45	.908
R2M10	Sex	.257 ^b	45	.615
	Therapy	.350 ^b	45	.557
	Factor	6.739 ^b	45	.013
R2M5	Sex	.263 ^b	45	.610
	Therapy	.404 ^b	45	.528

Table A3 This table contains the statistics showing the factor, error df, and significance for between-factor (before vs after therapy), between-sex (M vs F), and between-therapy (OBVAT vs sham) for each movement's peak velocity. The tests with significant data are highlighted in green.

Peak Velocity					
		F	Error df	Sig	
	Factor	6.278 ^b	41	0.016	
Con 26	Sex	1.197 ^b	41	0.280	
	Therapy	6.386 ^b	41	0.015	
	Factor	8.910 ^b	42	0.005	
Con 28	Sex	.442 ^b	42	0.510	
	Therapy	13.090 ^b	42	0.001	
	Factor	2.998 ^b	45	0.090	
Con 48	Sex	.030 ^b	45	0.864	
	Therapy	10.359 ^b	45	0.002	
	Factor	4.094 ^b	41	0.050	
Con 610	Sex	.091 ^b	41	0.765	
	Therapy	4.438 ^b	41	0.041	
	Factor	13.188 ^b	42	0.001	
Con 612	Sex	.945 ^b	42	0.337	
	Therapy	2.644 ^b	42	0.111	
	Factor	6.755 ^b	43	0.013	
Con 812	Sex	.000 ^b	43	.991	
	Therapy	7.111 ^b	43	.011	
	Factor	.085 ^b	41	.772	
Div 106	Sex	.309 ^b	41	.581	
	Therapy	.254 ^b	41	.617	
	Factor	1.440 ^b	41	.237	
Div 126	Sex	2.973 ^b	41	.092	
	Therapy	3.127 ^b	41	.084	
	Factor	2.351 ^b	42	.133	
Div 128	Sex	.658 ^b	42	.422	
	Therapy	.513 ^b	42	.478	
	Factor	2.054 ^b	41	.159	
Div 62	Sex	.221 ^b	41	.641	
211 02	Therapy	7.176 ^b	41	.011	
	Factor	.542 ^b	44	.465	
Div 82	Sex	.044 ^b	44	.836	
211 02	Therapy	3.256 ^b	44	.078	
	Factor	1.187 ^b	42	.282	
Div 84	Sex	.017 ^b	42	.897	
DIVOI	Therapy	4.504 ^b	42	.04(
	Factor	7.565 ^b	39	.009	
DS Con 26	Sex	.108 ^b	39	.745	
25 201 20	Therapy	5.000 ^b	39	.03	
	Factor	4.691 ^b	40	.030	
DS Con 28	Sex	.232 ^b	40	.633	
D5 C01 20	Therapy	4.910 ^b	40	.032	
	тпетару	4.710	40	.032	

	Factor	5.038 ^b	40	.030
DS Con 48	Sex	.077 ^b	40	.782
DS COIL 40	Therapy	9.872 ^b	40	.003
	Factor	3.494 ^b	35	.070
DS Con 610	Sex	.306 ^b	35	.584
	Therapy	.117 ^b	35	.734
	Factor	8.895 ^b	33	.004
DS Con 612	Sex	4.300 ^b	37	.00.
DS COIL012	Therapy	.818 ^b	37	.04.
	Factor	2.416 ^b	40	.12
DS Con 812	Sex	.235 ^b	40	.12
DS C011 812		.235 ^e 1.095 ^b	40	
	Therapy		40	.30
DC D: 100	Factor	.094 ^b 4.121 ^b		.76
DS Div 106	Sex		40	.04
	Therapy	4.531 ^b	40	.03
D0 D' 100	Factor	6.793 ^b	41	.01
DS Div 126	Sex	.033 ^b	41	.85
	Therapy	2.868 ^b	41	.09
	Factor	2.724 ^b	38	.10
DS Div 128	Sex	.877 ^b	38	.35
	Therapy	2.484 ^b	38	.12
	Factor	.448 ^b	39	.50
DS Div 62	Sex	.001 ^b	39	.98
	Therapy	.715 ^b	39	.40
	Factor	1.428 ^b	40	.23
DS Div 82	Sex	.258 ^b	40	.61
	Therapy	.407 ^b	40	.52
	Factor	11.147 ^b	42	.00
DS Div 84	Sex	1.838 ^b	42	.18
	Therapy	.053 ^b	42	.81
	Factor	8.753 ^b	44	.00
FastCon 212	Sex	.263 ^b	44	.61
	Therapy	10.450 ^b	44	.00
	Factor	8.124 ^b	40	.00
SlowCon 28	Sex	.506 ^b	40	.48
	Therapy	5.521 ^b	40	.02
	Factor	4.726 ^b	42	.03
SlowCon 612	Sex	.363 ^b	42	.55
	Therapy	14.408 ^b	42	.00
	Factor	1.390 ^b	45	.24
FastDiv 122	Sex	.503 ^b	45	.48
-	Therapy	2.834 ^b	45	.09
	Factor	10.455 ^b	43	.00
SlowDiv 126	Sex	.230 ^b	43	.63
-	Therapy	1.598 ^b	43	.21
	Factor	8.839 ^b	42	.00
SlowDiv 82	Sex	4.481 ^b	42	.04
	Therapy	3.627 ^b	42	.06
	i norup j	5.021	-τΔ	.00

	Factor	.389 ^b	44	.536
L2M10	Sex	.232 ^b	44	.633
	Therapy	.377 ^b	44	.542
	Factor	.749 ^b	43	.392
L2M5	Sex	1.725 ^b	43	.196
	Therapy	.007 ^b	43	.933
	Factor	1.234 ^b	42	.273
M2L10	Sex	.042 ^b	42	.839
	Therapy	3.910 ^b	42	.055
	Factor	1.806 ^b	42	.186
M2L5	Sex	1.275 ^b	42	.265
	Therapy	.311 ^b	42	.580
	Factor	3.939 ^b	43	.054
M2R10	Sex	1.335 ^b	43	.254
	Therapy	.531 ^b	43	.470
	Factor	.650 ^b	43	.424
M2R5	Sex	.191 ^b	43	.664
	Therapy	.041 ^b	43	.840
	Factor	.499 ^b	44	.484
R2M10	Sex	1.587 ^b	44	.214
	Therapy	.198 ^b	44	.659
	Factor	2.372 ^b	43	.131
R2M5	Sex	1.447 ^b	43	.236
	Therapy	.511 ^b	43	.479

Table A4 This table contains the statistics showing the factor, error df, and significance between-factor (before vs after therapy), between-sex (M vs F), and between-therapy (OBVAT vs sham) for each movement's response amplitude. The tests with significant data are highlighted in green.

Response Amplitude					
		F	Error df	Sig	
	Factor	3.132 ^b	41	0.0842	
Con 26	Sex	.001 ^b	41	0.9758	
	Therapy	.495 ^b	41	0.4857	
	Factor	6.665 ^b	43	0.0133	
Con 28	Sex	.655 ^b	43	0.4229	
	Therapy	3.153 ^b	43	0.0829	
	Factor	3.110 ^b	42	0.085	
Con 48	Sex	.017 ^b	42	0.896	
	Therapy	.268 ^b	42	0.607	
	Factor	2.482 ^b	40	0.123	
Con 610	Sex	.046 ^b	40	0.831	
	Therapy	.726 ^b	40	0.399	
	Factor	6.496 ^b	40	0.014	
Con 612	Sex	1.710 ^b	40	0.198	
-	Therapy	1.556 ^b	40	0.219	
	Factor	8.376 ^b	44	0.005	
Con 812	Sex	2.049 ^b	44	.15	
	Therapy	.745 ^b	44	.39	
	Factor	.859 ^b	44	.35	
Div 106	Sex	1.508 ^b	44	.22	
211 100	Therapy	1.184 ^b	44	.28	
	Factor	.588 ^b	43	.44	
Div 126	Sex	.006 ^b	43	.94	
DIV 120	Therapy	1.766 ^b	43	.19	
	Factor	.170 ^b	41	.68	
Div 128	Sex	2.036 ^b	41	.16	
DIV 120	Therapy	.010 ^b	41	.92	
	Factor	2.254 ^b	44	.14	
Div 62	Sex	.006 ^b	44	.14	
DIV 02	Therapy	.108 ^b	44	.74	
	Factor	3.264 ^b	44	.07	
Div 82	Sex	.335 ^b	44	.56	
DIV 02	Therapy	.335 .326 ^b	44	.50	
	Factor	1.234 ^b	44	.27	
Div 84	Sex	.645 ^b	42	.42	
DIV 04		.043 .002 ^b	42	.42	
	Therapy Factor	3.540 ^b	<u> </u>		
DS Con 26	Sex	.000 ^b	39	.06	
DS COII 20				.98	
	Therapy	1.246 ^b	39	.27	
DC Care 29	Factor	1.223 ^b	41	.27	
DS Con 28	Sex	1.152 ^b	41	.28	
	Therapy	1.379 ^b	41	.24	

	Factor	.788 ^b	41	.38
DS Con 48	Sex	.237 ^b	41	.62
DD COII 40	Therapy	5.766 ^b	41	.02
	Factor	2.009 ^b	35	.16
DS Con 610	Sex	.153 ^b	35	.69
	Therapy	.100 ^b	35	.99
	Factor	4.904 ^b	33	.03
DS Con 612	Sex	3.126 ^b	37	.03
DS C011 012	Therapy	.083 ^b	37	.08
	Factor	2.433 ^b	40	.12
DS Con 812	Sex	1.389 ^b	40	.12
DS COIL 012	Therapy	.130 ^b	40	.24
	Factor	2.163 ^b	40	.12
DC D: 106				
DS Div 106	Sex	8.606 ^b 4.037 ^b	40 40	<u>.00</u> .05
	Therapy			
DC D: 126	Factor	3.939 ^b	41	.05
DS Div 126	Sex	.003 ^b .241 ^b	41	.95
	Therapy		41	.62
DG D' 100	Factor	1.120 ^b	41	.29
DS Div 128	Sex	4.556 ^b	41	.03
	Therapy	1.748 ^b	41	.19
	Factor	1.286 ^b	40	.26
DS Div 62	Sex	2.058 ^b	40	.15
	Therapy	.388 ^b	40	.53
	Factor	1.085 ^b	43	.30
DS Div 82	Sex	.163 ^b	43	.68
	Therapy	.037 ^b	43	.84
	Factor	.030 ^b	44	.86
DS Div 84	Sex	1.821 ^b	44	.18
	Therapy	2.468 ^b	44	.12
	Factor	.737 ^b	44	.39
FastCon 212	Sex	.600 ^b	44	.44
	Therapy	3.906 ^b	44	.05
	Factor	4.152 ^b	41	.04
SlowCon 28	Sex	.078 ^b	41	.78
	Therapy	3.187 ^b	41	.08
	Factor	.250 ^b	40	.62
SlowCon 612	Sex	.256 ^b	40	.61
	Therapy	.946 ^b	40	.33
Ļ	Factor	.131 ^b	41	.71
FastDiv 122	Sex	.856 ^b	41	.36
	Therapy	.096 ^b	41	.75
	Factor	1.691 ^b	42	.20
SlowDiv 126	Sex	.051 ^b	42	.82
	Therapy	.129 ^b	42	.72
	Factor	3.284 ^b	43	.07
SlowDiv 82	Sex	1.307 ^b	43	.25
510 10 02	Therapy	.005 ^b	43	.94

L2M10	Factor	3.583 ^b	43	.065
	Sex	.007 ^b	43	.932
	Therapy	2.872 ^b	43	.097
	Factor	1.068 ^b	44	.307
L2M5	Sex	3.446 ^b	44	.070
	Therapy	.378 ^b	44	.542
	Factor	4.861 ^b	44	.033
M2L10	Sex	.494 ^b	44	.486
	Therapy	1.739 ^b	44	.194
	Factor	2.699 ^b	45	.107
M2L5	Sex	.772 ^b	45	.384
	Therapy	2.531 ^b	45	.119
	Factor	3.098 ^b	42	.086
M2R10	Sex	.920 ^b	42	.343
	Therapy	3.629 ^b	42	.064
	Factor	7.159 ^b	43	.011
M2R5	Sex	1.563 ^b	43	.218
	Therapy	.656 ^b	43	.422
	Factor	1.496 ^b	42	.228
R2M10	Sex	.269 ^b	42	.606
	Therapy	1.146 ^b	42	.290
	Factor	2.042 ^b	43	.160
R2M5	Sex	.544 ^b	43	.465
	Therapy	.015 ^b	43	.903

Table A5 This table contains the statistics showing the factor, error df, and significance for between-factor (before vs after therapy), between-sex (M vs F), and between-therapy (OBVAT vs sham) for each movement's final amplitude. The tests with significant data are highlighted in green. Disappearing steps do not present stimuli so there is no target present during the final amplitude.

		Final Amplitude		
		F	Error df	Sig
Con 26	Factor	.028 ^b	37	0.869
	Sex	.001 ^b	37	0.979
	Therapy	1.168 ^b	37	0.287
	Factor	2.692 ^b	41	0.109
Con 28	Sex	.025 ^b	41	0.876
	Therapy	.804 ^b	41	0.375
	Factor	4.250 ^b	41	0.046
Con 48	Sex	10.254 ^b	41	0.003
	Therapy	.729 ^b	41	0.398
	Factor	2.443 ^b	38	0.126
Con 610	Sex	1.998 ^b	38	0.166
	Therapy	.295 ^b	38	0.590
	Factor	3.124 ^b	40	0.085
Con 612	Sex	.634 ^b	40	0.430
	Therapy	2.351 ^b	40	0.133
	Factor	.079 ^b	39	0.781
Con 812	Sex	.948 ^b	39	.336
	Therapy	.334 ^b	39	.567
	Factor	.070 ^b	41	.792
Div 106	Sex	2.760 ^b	41	.104
	Therapy	.342 ^b	41	.562
	Factor	1.024 ^b	40	.318
Div 126	Sex	.215 ^b	40	.645
	Therapy	.394 ^b	40	.534
	Factor	.001 ^b	38	.974
Div 128	Sex	.038 ^b	38	.846
	Therapy	2.796 ^b	38	.103
	Factor	.926 ^b	37	.342
Div 62	Sex	.092 ^b	37	.764
	Therapy	.284 ^b	37	.598
	Factor	8.535 ^b	41	.006
Div 82	Sex	.851 ^b	41	.362
	Therapy	1.006 ^b	41	.322
	Factor	.275 ^b		.603
Div 84	Sex	12.701 ^b		.001
	Therapy	.396 ^b		.533
	Factor			
DS Con 26	Sex			
	Therapy			
	Factor			
DS Con 28	Sex			
	Therapy			

	Factor			
DS Con 48	Sex			
	Therapy			
	Factor			
DS Con 610	Sex			
DD Coll 010	Therapy			
	Factor			
DS Con 612	Sex			
D5 C011 012	Therapy			
	Factor			
DS Con 812	Sex			
DS C011 812				
	Therapy Factor			
DC D:- 100				
DS Div 106	Sex			
	Therapy			
D0 D' 100	Factor			
DS Div 126	Sex			
	Therapy			
DG D: 100	Factor			
DS Div 128	Sex			
	Therapy			
	Factor			
DS Div 62	Sex			
	Therapy			
	Factor			
DS Div 82	Sex			
	Therapy			
	Factor			
DS Div 84	Sex			
	Therapy			
	Factor	6.800 ^b	40	.01
FastCon 212	Sex	.037 ^b	40	.84
	Therapy	5.462 ^b	40	.02
	Factor	4.768 ^b	38	.03
SlowCon 28	Sex	4.375 ^b	38	.04
	Therapy	.166 ^b	38	.68
	Factor	.322 ^b	42	.57
SlowCon 612	Sex	.000 ^b	42	.99
	Therapy	3.576 ^b	42	.06
	Factor	13.310 ^b	40	.00
FastDiv 122	Sex	.056 ^b	40	.81
F	Therapy	6.678 ^b	40	.01
	Factor	.094 ^b	40	.76
SlowDiv 126	Sex	.043 ^b	40	.83
	Therapy	3.670 ^b	40	.06
	Factor	6.360 ^b	44	.01
SlowDiv 82	Sex	.720 ^b	44	.40
510 11 02	Therapy	5.144 ^b	44	.02
	inciapy	5.144		.02

		4 4 – ch	10	0.40
	Factor	4.176 ^b	40	.048
L2M10	Sex	.031 ^b	40	.860
	Therapy	8.542 ^b	40	.006
	Factor	1.221 ^b	42	.275
L2M5	Sex	.002 ^b	42	.968
	Therapy	1.459 ^b	42	.234
	Factor	4.731 ^b	41	.035
M2L10	Sex	1.295 ^b	41	.262
	Therapy	6.413 ^b	41	.015
	Factor	3.558 ^b	42	.066
M2L5	Sex	1.010 ^b	42	.321
	Therapy	2.394 ^b	42	.129
	Factor	5.191 ^b	44	.028
M2R10	Sex	.388 ^b	44	.537
	Therapy	11.945 ^b	44	.001
	Factor	2.970 ^b	42	.092
M2R5	Sex	2.270 ^b	42	.139
	Therapy	3.286 ^b	42	.077
	Factor	5.514 ^b	41	.024
R2M10	Sex	.327 ^b	41	.570
	Therapy	4.760 ^b	41	.035
	Factor	.076 ^b	44	.784
R2M5	Sex	.052 ^b	44	.820
	Therapy	3.653 ^b	44	.063

Table A6 This table contains the statistics showing the factor, error df, and significance for between-factor (before vs after therapy), between-sex (M vs F), and between-therapy (OBVAT vs sham) for each movement's main sequence ratio. The tests with significant data are highlighted in green.

Main Sequence Ratio				
		F	Error df	Sig
	Factor	.517 ^b	43	0.476
Con 26	Sex	1.429 ^b	43	0.239
	Therapy	3.300 ^b	43	0.076
	Factor	.474 ^b	43	0.495
Con 28	Sex	.170 ^b	43	0.682
	Therapy	4.566 ^b	43	0.038
	Factor	4.291 ^b	45	0.044
Con 48	Sex	1.740 ^b	45	0.194
	Therapy	7.270 ^b	45	0.010
	Factor	.083 ^b	40	0.775
Con 610	Sex	.972 ^b	40	0.330
	Therapy	13.016 ^b	40	0.001
	Factor	4.243 ^b	45	0.045
Con 612	Sex	1.424 ^b	45	0.239
	Therapy	.424 ^b	45	0.518
	Factor	.158 ^b	41	0.693
Con 812	Sex	.082 ^b	41	.776
	Therapy	2.156 ^b	41	.150
	Factor	.963 ^b	40	.332
Div 106	Sex	.133 ^b	40	.718
	Therapy	1.343 ^b	40	.253
	Factor	3.198 ^b	39	.082
Div 126	Sex	.059 ^b	39	.810
	Therapy	.183 ^b	39	.671
	Factor	1.059 ^b	42	.309
Div 128	Sex	.274 ^b	42	.603
	Therapy	.018 ^b	42	.894
	Factor	.056 ^b	40	.814
Div 62	Sex	.094 ^b	40	.761
	Therapy	5.322 ^b	40	.026
	Factor	2.243 ^b	43	.141
Div 82	Sex	.291 ^b	43	.592
	Therapy	.402 ^b	43	.529
	Factor	1.931 ^b	41	.172
Div 84	Sex	.046 ^b	41	.831
	Therapy	9.195 ^b	41	.004
	Factor	1.592 ^b	37.000	.215
DS Con 26	Sex	.857 ^b	37.000	.360
	Therapy	.012 ^b	37.000	.914
	Factor	.000 ^b	40.000	.996
DS Con 28	Sex	.065 ^b	40.000	.800
	Therapy	.828 ^b	40.000	.368

	Factor	7.320 ^b	38.000	.010
DS Con 48	Sex	.613 ^b	38.000	.439
	Therapy	.431 ^b	38.000	.516
	Factor	.431 .874 ^b	34.000	.356
DS Con 610	Sex	.424 ^b	34.000	.519
DS COIL010	Therapy	.000 ^b	34.000	.985
	Factor	1.659 ^b	34.000	.206
DS Con 612	Sex	.568 ^b	34.000	.456
DS C011 012	Therapy	9.604 ^b	34.000	.004
	Factor	1.054 ^b	39.000	.002
DS Con 812	Sex	.085 ^b	39.000	.51
DS COII 812		.022 ^b	39.000	.772
	Therapy Factor	1.836 ^b	37.000	.084
DC D: 106		2.477 ^b		
DS Div 106	Sex	1.284 ^b	37.000	.124
	Therapy		37.000	.264
D0 D' 100	Factor	.309 ^b	38.000	.58
DS Div 126	Sex	.279 ^b	38.000	.60
	Therapy	.029 ^b	38.000	.86
	Factor	1.334 ^b	37.000	.25
DS Div 128	Sex	7.205 ^b	37.000	.01
	Therapy	1.572 ^b	37.000	.21
	Factor	3.281 ^b	40.000	.07
DS Div 62	Sex	3.603 ^b	40.000	.06
	Therapy	.070 ^b	40.000	.79
_	Factor	.321 ^b	41.000	.57
DS Div 82	Sex	.012 ^b	41.000	.91
	Therapy	1.396 ^b	41.000	.24
_	Factor	9.879 ^b	40.000	.00
DS Div 84	Sex	3.324 ^b	40.000	.07
	Therapy	5.799 ^b	40.000	.02
	Factor	.011 ^b	38.000	.91
FastCon 212	Sex	.000 ^b	38.000	.98
	Therapy	9.011 ^b	38.000	.00
	Factor	.988 ^b	41.000	.32
SlowCon 28	Sex	.229 ^b	41.000	.63
	Therapy	.499 ^b	41.000	.48
	Factor	18.788 ^b	39.000	.00
SlowCon 612	Sex	3.271 ^b	39.000	.07
	Therapy	4.280 ^b	39.000	.04
	Factor	1.847 ^b	40.000	.18
FastDiv 122	Sex	.801 ^b	40.000	.37
	Therapy	1.229 ^b	40.000	.27
	Factor	3.855 ^b	42.000	.05
SlowDiv 126	Sex	1.987 ^b	42.000	.16
	Therapy	.372 ^b	42.000	.54
	Factor	.133 ^b	43.000	.71
SlowDiv 82	Sex	.542 ^b	43.000	.46
	Therapy	.083 ^b	43.000	
	incrupy	.005	+3.000	.//.

	-	e o sh	1	
	Factor	.296 ^b	42.000	.590
L2M10	Sex	.563 ^b	42.000	.457
	Therapy	1.282 ^b	42.000	.264
	Factor	.047 ^b	42.000	.830
L2M5	Sex	.114 ^b	42.000	.737
	Therapy	1.213 ^b	42.000	.277
	Factor	.009 ^b	41.000	.925
M2L10	Sex	.396 ^b	41.000	.533
	Therapy	1.631 ^b	41.000	.209
	Factor	.059 ^b	42.000	.809
M2L5	Sex	.388 ^b	42.000	.537
	Therapy	4.278 ^b	42.000	.045
	Factor	2.686 ^b	43.000	.109
M2R10	Sex	4.688 ^b	43.000	.036
	Therapy	1.900 ^b	43.000	.175
	Factor	.919 ^b	43.000	.343
M2R5	Sex	.168 ^b	43.000	.684
	Therapy	.563 ^b	43.000	.457
	Factor	.023 ^b	41.000	.880
R2M10	Sex	1.314 ^b	41.000	.258
	Therapy	.307 ^b	41.000	.583
	Factor	.110 ^b	43.000	.741
R2M5	Sex	1.196 ^b	43.000	.280
	Therapy	4.204 ^b	43.000	.046

Table A7 This table contains the statistics showing the factor, error df, and significance for factor, sex, and therapy for latency movements that show significance in either Factor (before vs after), between-Sex, and/or between-Therapy (OBVAT vs Sham). The tests with significant Factor data are highlighted in green. The tests with significant between-sex data are highlighted in blue. The tests with significant between-therapy data are highlighted in yellow. Tests with significance seen in both Factor and Therapy are highlighted orange.

		Latency		
		F	Error df	Sig
	Factor	10.771	42	0.002
Con 28	Sex	0.002	42	0.964
	Therapy	2.44	42	0.126
	Factor	18.168	43	0
Con 48	Sex	0.415	43	0.523
	Therapy	0.206	43	0.652
	Factor	1.737 ^b	40	.195
Div 126	Sex	8.315 ^b	40	.006
	Therapy	3.803 ^b	40	.058
	Factor	.260 ^b	42	.613
DS Con 26	Sex	1.513 ^b	42	.226
	Therapy	6.775 ^b	42	.013
	Factor	.003 ^b	44	.959
DS Con 812	Sex	5.140 ^b	44	.028
	Therapy	2.917 ^b	44	.095
	Factor	4.069 ^b	44	.050
DS Div 126	Sex	.007 ^b	44	.935
	Therapy	.765 ^b	44	.386
	Factor	.248 ^b	43	.621
DS Div 128	Sex	5.299 ^b	43	.026
	Therapy	.437 ^b	43	.512
	Factor	.248 ^b	47	.621
DS Div 84	Sex	.817 ^b	47	.371
	Therapy	4.204 ^b	47	.046
	Factor	6.899 ^b	39	.012
FastCon 212	Sex	.006 ^b	39	.940
	Therapy	4.144 ^b	39	.049
	Factor	.110 ^b	46	.741
L2M5	Sex	.014 ^b	46	.907
	Therapy	6.677 ^b	46	.013
	Factor	.085 ^b	45	.772
M2L5	Sex	.163 ^b	45	.688
	Therapy	8.761 ^b	45	.005

Table A8 This table contains the statistics showing the factor, error df, and significance for factor, sex, and therapy for time to peak velocity movements that show significance in either Factor (before vs after), between-Sex, and/or between-Therapy (OBVAT vs Sham). The tests with significant Factor data are highlighted in green. The tests with significant between-sex data are highlighted in blue. The tests with significant between-therapy data are highlighted in yellow. Tests with significance seen in both Factor and Therapy are highlighted orange.

Time to Peak Velocity				
		F	Error df	Sig
	Factor	1.417 ^b	42	0.241
Con 26	Sex	.193 ^b	42	0.663
	Therapy	10.651 ^b	42	0.002
	Factor	3.780 ^b	44	0.058
Con 28	Sex	5.471 ^b	44	0.024
	Therapy	11.256 ^b	44	0.002
	Factor	2.177 ^b	47	0.147
Con 48	Sex	.049 ^b	47	0.825
	Therapy	7.080 ^b	47	0.011
	Factor	.322 ^b	41	.573
Div 62	Sex	1.607 ^b	41	.212
	Therapy	8.702 ^b	41	.005
	Factor	5.311 ^b	29	.029
DS Con 26	Sex	.001 ^b	29	.974
	Therapy	1.290 ^b	29	.265
	Factor	4.650 ^b	42	.037
DS Div 84	Sex	.007 ^b	42	.934
	Therapy	.020 ^b	42	.889
	Factor	11.272 ^b	39	.002
FastCon 212	Sex	.344 ^b	39	.561
	Therapy	.395 ^b	39	.533
	Factor	4.472 ^b	36	.041
FastDiv 122	Sex	.176 ^b	36	.677
	Therapy	.101 ^b	36	.753
	Factor	4.275 ^b	38	.046
SlowDiv 126	Sex	.216 ^b	38	.645
	Therapy	.391 ^b	38	.535
	Factor	5.861 ^b	40	.020
SlowDiv 82	Sex	.048 ^b	40	.827
	Therapy	.571 ^b	40	.454
	Factor	.102 ^b	43	.751
L2M5	Sex	.414 ^b	43	.523
	Therapy	4.588 ^b	43	.038
	Factor	.010 ^b	44	.920
M2L5	Sex	.329 ^b	44	.569
	Therapy	6.912 ^b	44	.012
	Factor	6.739 ^b	45	.013
R2M5	Sex	.263 ^b	45	.610
	Therapy	.404 ^b	45	.528

Table A9 This table contains the statistics showing the factor, error df, and significance for factor, sex, and therapy for peak velocity movements that show significance in either Factor (before vs after), between-Sex, and/or between-Therapy (OBVAT vs Sham). The tests with significant Factor data are highlighted in green. The tests with significant between-sex data are highlighted in blue. The tests with significant between-therapy data are highlighted in yellow. Tests with significance seen in both Factor and Therapy are highlighted orange.

		Peak Velocity		
		F	Error df	Sig
	Factor	6.278 ^b	41	0.016
Con 26	Sex	1.197 ^b	41	0.280
	Therapy	6.386 ^b	41	0.015
	Factor	8.910 ^b	42	0.005
Con 28	Sex	.442 ^b	42	0.510
	Therapy	13.090 ^b	42	0.001
	Factor	2.998 ^b	45	0.090
Con 48	Sex	.030 ^b	45	0.864
	Therapy	10.359 ^b	45	0.002
	Factor	4.094 ^b	41	0.050
Con 610	Sex	.091 ^b	41	0.765
	Therapy	4.438 ^b	41	0.041
	Factor	13.188 ^b	42	0.001
Con 612	Sex	.945 ^b	42	0.337
	Therapy	2.644 ^b	42	0.111
	Factor	6.755 ^b	43	0.013
Con 812	Sex	.000 ^b	43	.991
	Therapy	7.111 ^b	43	.011
	Factor	2.054 ^b	41	.159
Div 62	Sex	.221 ^b	41	.641
	Therapy	7.176 ^b	41	.011
	Factor	1.187 ^b	42	.282
Div 84	Sex	.017 ^b	42	.897
	Therapy	4.504 ^b	42	.040
	Factor	7.565 ^b	39	.009
DS Con 26	Sex	.108 ^b	39	.745
	Therapy	5.000 ^b	39	.031
	Factor	4.691 ^b	40	.036
DS Con 28	Sex	.232 ^b	40	.633
	Therapy	4.910 ^b	40	.032
	Factor	5.038 ^b	40	.030
DS Con 48	Sex	.077 ^b	40	.782
	Therapy	9.872 ^b	40	.003
	Factor	8.895 ^b	37	.005
DS Con 612	Sex	4.300 ^b	37	.045
	Therapy	.818 ^b	37	.372
	Factor	.094 ^b	40	.761
DS Div 106	Sex	4.121 ^b	40	.049
	Therapy	4.531 ^b	40	.039

	F (c Tooh	4.1	012
	Factor	6.793 ^b	41	.013
DS Div 126	Sex	.033 ^b	41	.857
	Therapy	2.868 ^b	41	.098
	Factor	11.147 ^b	42	.002
DS Div 84	Sex	1.838 ^b	42	.182
	Therapy	.053 ^b	42	.818
	Factor	8.753 ^b	44	.005
FastCon 212	Sex	.263 ^b	44	.611
	Therapy	10.450 ^b	44	.002
	Factor	8.124 ^b	40	.007
SlowCon 28	Sex	.506 ^b	40	.481
	Therapy	5.521 ^b	40	.024
	Factor	4.726 ^b	42	.035
SlowCon 612	Sex	.363 ^b	42	.550
	Therapy	14.408 ^b	42	.000
	Factor	10.455 ^b	43	.002
SlowDiv 126	Sex	.230 ^b	43	.634
	Therapy	1.598 ^b	43	.213
	Factor	8.839 ^b	42	.005
SlowDiv 82	Sex	4.481 ^b	42	.040
	Therapy	3.627 ^b	42	.064

Table A10 This table contains the statistics showing the factor, error df, and significance for factor, sex, and therapy for response amplitude movements that show significance in either Factor (before vs after), between-Sex, and/or between-Therapy (OBVAT vs Sham). The tests with significant Factor data are highlighted in green. The tests with significant between-sex data are highlighted in blue. The tests with significant between-therapy data are highlighted in yellow. Tests with significance seen in both Factor and Therapy are highlighted orange.

	Ι	Response Amplitud	e	
		F	Error df	Sig
	Factor	6.665 ^b	43	0.0133
Con 28	Sex	.655 ^b	43	0.4229
	Therapy	3.153 ^b	43	0.0829
	Factor	6.496 ^b	40	0.0148
Con 612	Sex	1.710 ^b	40	0.1984
	Therapy	1.556 ^b	40	0.2195
	Factor	8.376 ^b	44	0.0059
Con 812	Sex	2.049 ^b	44	.159
	Therapy	.745 ^b	44	.393
	Factor	.788 ^b	41	.380
DS Con 48	Sex	.237 ^b	41	.629
	Therapy	5.766 ^b	41	.021
	Factor	4.904 ^b	37	.033
DS Con 612	Sex	3.126 ^b	37	.085
	Therapy	.083 ^b	37	.775
	Factor	2.163 ^b	40	.149
DS Div 106	Sex	8.606 ^b	40	.006
	Therapy	4.037 ^b	40	.051
	Factor	1.120 ^b	41	.296
DS Div 128	Sex	4.556 ^b	41	.039
	Therapy	1.748 ^b	41	.193
	Factor	4.152 ^b	41	.048
SlowCon 28	Sex	.078 ^b	41	.781
	Therapy	3.187 ^b	41	.082
	Factor	4.861 ^b	44	.033
M2L10	Sex	.494 ^b	44	.486
	Therapy	1.739 ^b	44	.194
	Factor	7.159 ^b	43	.011
M2R5	Sex	1.563 ^b	43	.218
	Therapy	.656 ^b	43	.422

Table A11 This table contains the statistics showing the factor, error df, and significance for factor, sex, and therapy for final amplitude movements that show significance in either Factor (before vs after), between-Sex, and/or between-Therapy (OBVAT vs Sham). The tests with significant Factor data are highlighted in green. The tests with significant between-sex data are highlighted in blue. The tests with significant between-therapy data are highlighted in yellow. Tests with significance seen in both Factor and Therapy are highlighted orange.

	Final Amplitude										
		F	Error df	Sig							
	Factor	4.250 ^b	41	0.046							
Con 48	Sex	10.254 ^b	41	0.003							
	Therapy	.729 ^b	41	0.398							
	Factor	8.535 ^b	41	.006							
Div 82	Sex	.851 ^b	41	.362							
	Therapy	1.006 ^b	41	.322							
	Factor	.275 ^b	39	.603							
Div 84	Sex	12.701 ^b	39	.001							
	Therapy	.396 ^b	39	.533							
	Factor	6.800 ^b	40	.013							
FastCon 212	Sex	.037 ^b	40	.849							
	Therapy	5.462 ^b	40	.025							
	Factor	4.768 ^b	38	.035							
SlowCon 28	Sex	4.375 ^b	38	.043							
	Therapy	.166 ^b	38	.686							
	Factor	13.310 ^b	40	.001							
FastDiv 122	Sex	.056 ^b	40	.814							
	Therapy	6.678 ^b	40	.014							
	Factor	6.360 ^b	44	.015							
SlowDiv 82	Sex	.720 ^b	44	.401							
	Therapy	5.144 ^b	44	.028							
	Factor	4.176 ^b	40	.048							
L2M10	Sex	.031 ^b	40	.860							
	Therapy	8.542 ^b	40	.006							
	Factor	4.731 ^b	41	.035							
M2L10	Sex	1.295 ^b	41	.262							
	Therapy	6.413 ^b	41	.015							
	Factor	5.191 ^b	44	.028							
M2R10	Sex	.388 ^b	44	.537							
	Therapy	11.945 ^b	44	.001							
	Factor	5.514 ^b	41	.024							
R2M10	Sex	.327 ^b	41	.570							
	Therapy	4.760 ^b	41	.035							

Table A12 This table contains the statistics showing the factor, error df, and significance for factor, sex, and therapy for main sequence ratio movements that show significance in either Factor (before vs after), between-Sex, and/or between-Therapy (OBVAT vs Sham). The tests with significant Factor data are highlighted in green. The tests with significant between-sex data are highlighted in blue. The tests with significant between-therapy data are highlighted in yellow. Tests with significance seen in both Factor and Therapy are highlighted orange.

	Main Sequence Ratio										
		F	Error df	Sig							
	Factor	.474 ^b	43	0.495							
Con 28	Sex	.170 ^b	43	0.682							
	Therapy	4.566 ^b	43	0.038							
	Factor	4.291 ^b	45	0.044							
Con 48	Sex	1.740 ^b	45	0.194							
	Therapy	7.270 ^b	45	0.010							
	Factor	.083 ^b	40	0.775							
Con 610	Sex	.972 ^b	40	0.330							
	Therapy	13.016 ^b	40	0.001							
	Factor	4.243 ^b	45	0.045							
Con 612	Sex	1.424 ^b	45	0.239							
	Therapy	.424 ^b	45	0.518							
	Factor	.056 ^b	40	.814							
Div 62	Sex	.094 ^b	40	.761							
	Therapy	5.322 ^b	40	.026							
	Factor	1.931 ^b	41	.172							
Div 84	Sex	.046 ^b	41	.831							
	Therapy	9.195 ^b	41	.004							
	Factor	7.320 ^b	38	.010							
DS Con 48	Sex	.613 ^b	38	.439							
	Therapy	.431 ^b	38	.516							
	Factor	1.659 ^b	34	.206							
DS Con 612	Sex	.568 ^b	34	.456							
	Therapy	9.604 ^b	34	.004							
	Factor	1.334 ^b	37	.255							
DS Div 128	Sex	7.205 ^b	37	.011							
	Therapy	1.572 ^b	37	.218							
	Factor	9.879 ^b	40	.003							
DS Div 84	Sex	3.324 ^b	40	.076							
	Therapy	5.799 ^b	40	.021							
	Factor	.011 ^b	38	.915							
FastCon 212	Sex	.000 ^b	38	.986							
	Therapy	9.011 ^b	38	.005							
	Factor	18.788 ^b	39	.000							
SlowCon 612	Sex	3.271 ^b	39	.078							
	Therapy	4.280 ^b	39	.045							
	Factor	.059 ^b	42	.809							
M2L5	Sex	.388 ^b	42	.537							
	Therapy	4.278 ^b	42	.045							

	Factor	2.686 ^b	43	.109
M2R10	Sex	4.688 ^b	43	.036
	Therapy	1.900 ^b	43	.175
R2M5	Factor	.110 ^b	43	.741
	Sex	1.196 ^b	43	.280
	Therapy	4.204 ^b	43	.046

Table A13 This table contains the statistics showing the factor, error df, and significance for factor, sex, and therapy for latency movements that show significance in both Factor (before vs after) and between-Therapy (OBVAT vs Sham). It also shows the t, df, and significance of the post hoc analysis done to determine whether OBVAT or sham therapy had significance before/after therapy. The tests with significant Factor data are highlighted in green. The tests with significant between-therapy data are highlighted in yellow. Tests with significance seen in the post hoc analysis are highlighted orange.

Latency											
		F	Error df	Sig							
	Factor	6.800 ^b	40	0.0127		t	df	sig			
FastCon 212	Sex	.037 ^b	40	0.8492	Active	-3.969	21	0.001			
	Therapy	5.462 ^b	40	0.0245	Placebo	-0.611	20	0.548			

Table A14 This table contains the statistics showing the factor, error df, and significance for factor, sex, and therapy for peak velocity movements that show significance in both Factor (before vs after) and between-Therapy (OBVAT vs Sham). It also shows the t, df, and significance of the post hoc analysis done to determine whether OBVAT or sham therapy had significance before/after therapy. The tests with significant Factor data are highlighted in green. The tests with significant between-therapy data are highlighted in yellow. Tests with significance seen in the post hoc analysis are highlighted orange.

			Pe	ak Velocity						
		F	Error df	Sig						
	Factor	6.278 ^b	41	0.0163		t	df		sig	
Con 26	Sex	1.197 ^b	41	0.2803	Active	-5.368		21		.000
	Therapy	6.386 ^b	41	0.0155	Placebo	-0.29		22		0.774
	Factor	8.910 ^b	42	0.0047		t	df		sig	
Con 28	Sex	.442 ^b	42	0.5099	Active	-4.204		21		.000
	Therapy	13.090 ^b	42	0.0008	Placebo	-0.956		21		0.35
	Factor	4.094 ^b	41	0.0496		t	df		sig	
Con 610	Sex	.091 ^b	41	0.7646	Active	-3.472		21		0.002
	Therapy	4.438 ^b	41	0.0413	Placebo	-0.356		21		0.726
	Factor	6.755 ^b	43	0.0128		t	df		sig	
Con 812	Sex	.000 ^b	43	0.9909	Active	-4.443		22		.000
	Therapy	7.111 ^b	43	0.0108	Placebo	-0.273		22		0.788
	Factor	7.565 ^b	39	0.0090		t	df		sig	
DS Con 26	Sex	.108 ^b	39	0.7447	Active	-3.327		21		.003
	Therapy	5.000 ^b	39	0.0311	Placebo	-0.663		19		0.515
	Factor	4.691 ^b	40	0.0363		t	df		sig	
DS Con 28	Sex	.232 ^b	40	0.6327	Active	-2.931		21		0.008
	Therapy	4.910 ^b	40	0.0325	Placebo	-0.863		20		0.398
	Factor	5.038 ^b	40	0.0304		t	df		sig	
DS Con 48	Sex	.077 ^b	40	0.7825	Active	-4.163		21		.000
	Therapy	9.872 ^b	40	0.0032	Placebo	0.458		20		0.652
	Factor	8.753 ^b	44	0.0050		t	df		sig	
FastCon 212	Sex	.263 ^b	44	0.6108	Active	-3.901		22		0.001
	Therapy	10.450 ^b	44	0.0023	Placebo	0.156		23		0.878
	Factor	8.124 ^b	40	0.0069		t	df		sig	
SlowCon 28	Sex	.506 ^b	40	0.4812	Active	-4.423		21		.000
	Therapy	5.521 ^b	40	0.0238	Placebo	-1.165		20		0.258
SlowCon	Factor	4.726 ^b	42	0.0354		t	df		sig	
612	Sex	.363 ^b	42	0.5500	Active	-4.738		21		.000
012	Therapy	14.408 ^b	42	0.0005	Placebo	1.175		22		0.253

Table A15 This table contains the statistics showing the factor, error df, and significance for factor, sex, and therapy for final amplitude movements that show significance in both Factor (before vs after) and between-Therapy (OBVAT vs Sham). It also shows the t, df, and significance of the post hoc analysis done to determine whether OBVAT or sham therapy had significance before/after therapy. The tests with significant Factor data are highlighted in green. The tests with significant between-therapy data are highlighted in yellow. Tests with significance seen in the post hoc analysis are highlighted orange.

	Final Amplitude										
		F	Error df	Sig							
	Factor	6.800 ^b	40	0.0127		t	df		sig		
FastCon 212	Sex	.037 ^b	40	0.8492	Active	-3.969		21		0.001	
	Therapy	5.462 ^b	40	0.0245	Placebo	-0.611		20		0.548	
	Factor	13.310 ^b	40	0.0008		t	df		sig		
FastDiv 122	Sex	.056 ^b	40	0.8143	Active	4.417		20		.000	
	Therapy	6.678 ^b	40	0.0135	Placebo	1.667		21		0.11	
	Factor	6.360 ^b	44	0.0154		t	df		sig		
SlowDiv 82	Sex	.720 ^b	44	0.4007	Active	3.111		22		0.005	
	Therapy	5.144 ^b	44	0.0283	Placebo	0.07		23		0.945	
	Factor	4.176 ^b	40	0.0476		t	df		sig		
L2M10	Sex	.031 ^b	40	0.8605	Active	4.569		21		.000	
	Therapy	8.542 ^b	40	0.0057	Placebo	-0.302		20		0.766	
	Factor	4.731 ^b	41	0.0354		t	df		sig		
M2L10	Sex	1.295 ^b	41	0.2618	Active	-3.352		21		0.003	
	Therapy	6.413 ^b	41	0.0153	Placebo	0.543		21		0.593	
	Factor	5.191 ^b	44	0.0276		t	df		sig		
M2R10	Sex	.388 ^b	44	0.5366	Active	4.682		24		.000	
	Therapy	11.945 ^b	44	0.0012	Placebo	-0.777		21		0.446	
	Factor	5.514 ^b	41	0.0238		t	df		sig		
R2M10	Sex	.327 ^b	41	0.5704	Active	-3.319		21		0.003	
	Therapy	4.760 ^b	41	0.0349	Placebo	-0.109		21		0.914	

Table A16 This table contains the statistics showing the factor, error df, and significance for factor, sex, and therapy for main sequence ratio movements that show significance in both Factor (before vs after) and between-Therapy (OBVAT vs Sham). It also shows the t, df, and significance of the post hoc analysis done to determine whether OBVAT or sham therapy had significance before/after therapy. The tests with significant Factor data are highlighted in green. The tests with significant between-therapy data are highlighted in yellow. Tests with significance seen in the post hoc analysis are highlighted orange.

	Main Sequence Ratio												
		F	Error df	Sig									
	Factor	4.291 ^b	45	0.0441		t	df	sig					
Con 48	Sex	1.740 ^b	45	0.1938	Active	-3.485	23		0.002				
	Therapy	7.270 ^b	45	0.0098	Placebo	0.836	23		0.412				
	Factor	9.879 ^b	40.000	0.0031		t	df	sig					
DS Div 84	Sex	3.324 ^b	40.000	0.0757	Active	-0.502	20		0.621				
	Therapy	5.799 ^b	40.000	0.0207	Placebo	-2.643	21		0.015				
<u>Class</u> Can	Factor	18.788 ^b	39.000	0.0001		t	df	sig					
SlowCon 612	Sex	3.271 ^b	39.000	0.0782	Active	-1.672	21		0.109				
012	Therapy	4.280 ^b	39.000	0.0452	Placebo	-3.731	19		0.001				

APPENDIX B

BEHAVIORAL PLOTS

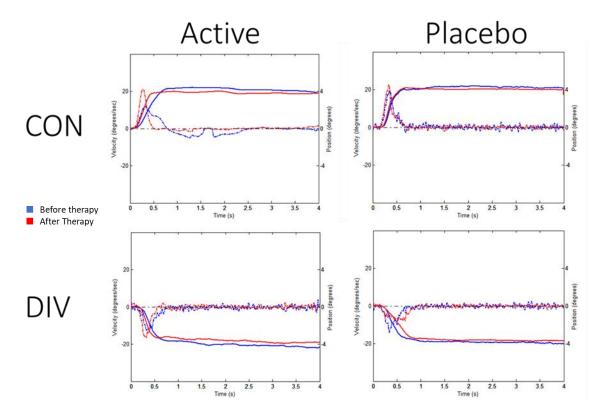


Figure B1 This figure shows comparison plots of subject step movements before and after therapy for both active and placebo therapies.

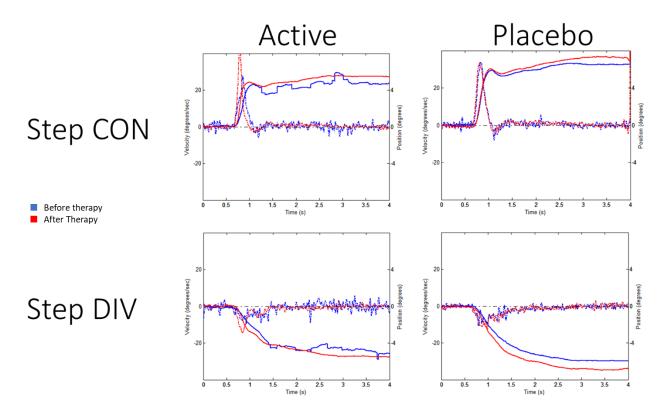


Figure B2 This figure shows comparison plots of subject step ramp movements before and after therapy for both active and placebo therapies.

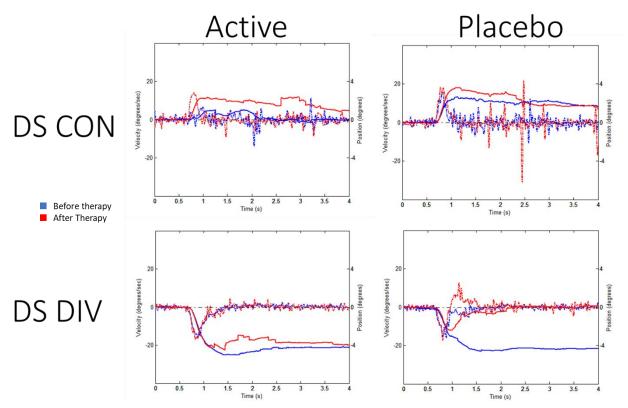


Figure B3 This figure shows comparison plots of subject disappearing step movements before and after therapy for both active and placebo therapies.

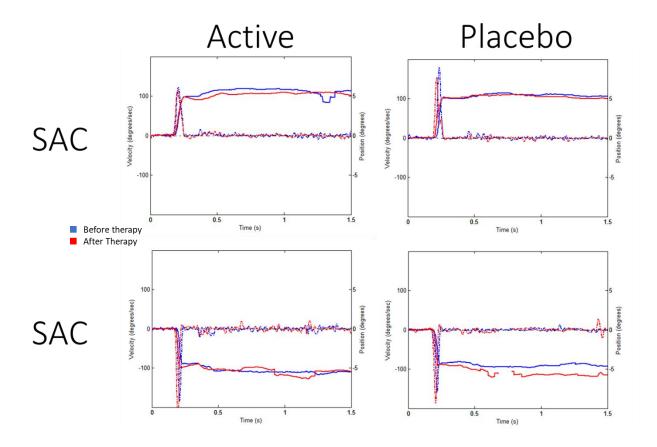


Figure B4 This figure shows comparison plots of subject saccade movements before and after therapy for both active and placebo therapies. The green trace is the average of all individual movements.

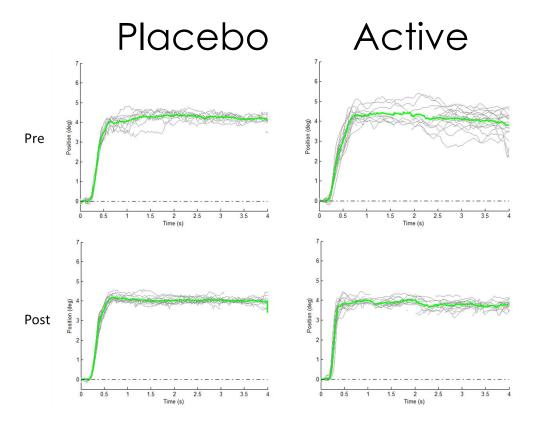


Figure B5 This figure shows ensemble plots of subject convergence movements before and after therapy for both active (right) and placebo (left) therapies. The green trace is the average of all individual movements.

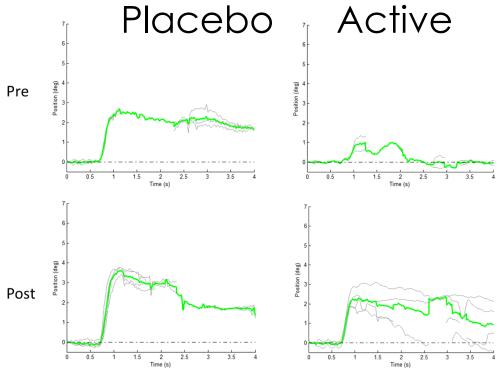


Figure B6 This figure shows ensemble plots of subject convergence disappearing step movements before and after therapy for both active (right) and placebo (left) therapies. The green trace is the average of all individual movements.

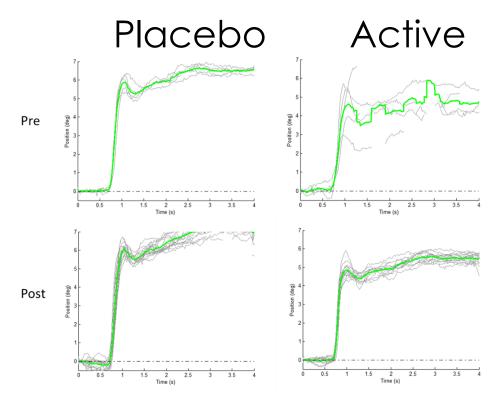


Figure B7 This figure shows ensemble plots of subject convergence stepramps movements before and after therapy for both active (right) and placebo (left) therapies. The green trace is the average of all individual movements.

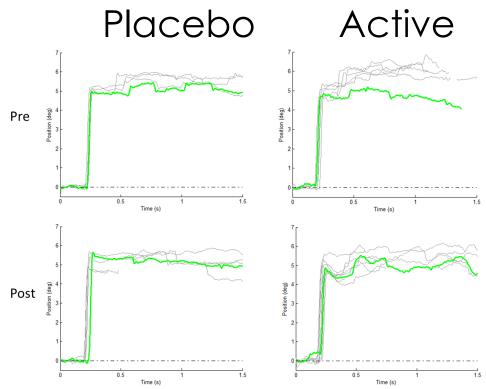


Figure B8 This figure shows ensemble plots of subject saccade movements before and after therapy for both active (right) and placebo (left) therapies. The green trace is the average of all individual movements.

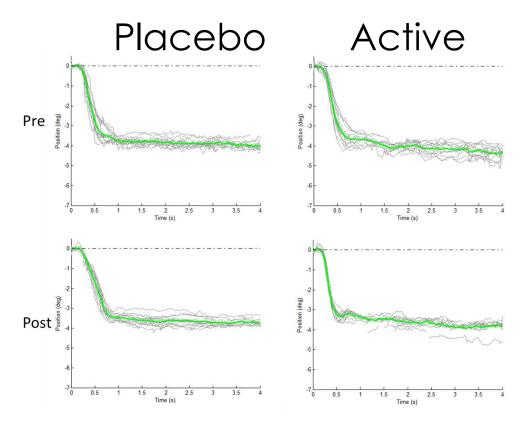


Figure B9 This figure shows ensemble plots of subject divergence movements before and after therapy for both active (right) and placebo (left) therapies. The green trace is the average of all individual movements.

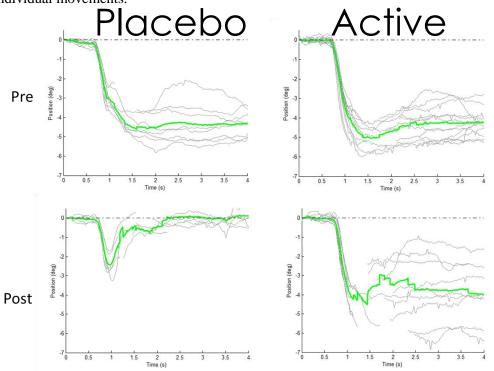


Figure B10 This figure shows ensemble plots of subject divergence disappearing step movements before and after therapy for both active (right) and placebo (left) therapies. The green trace is the average of all individual movements.

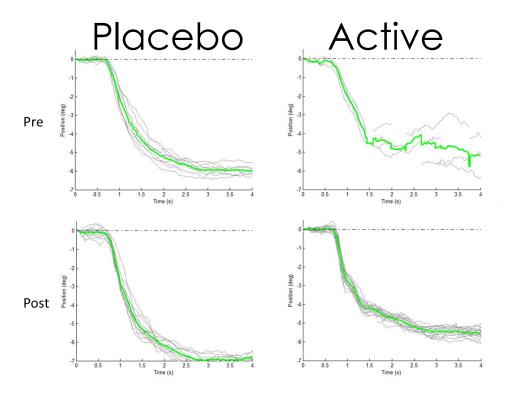


Figure B11 This figure shows ensemble plots of subject divergence stepramps movements before and after therapy for both active (right) and placebo (left) therapies. The green trace is the average of all individual movements.

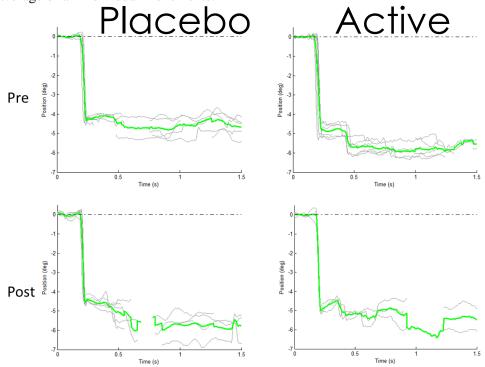


Figure B12 This figure shows ensemble plots of subject saccade movements before and after therapy for both active (right) and placebo (left) therapies. The green trace is the average of all individual movements.

APPENDIX C

BAR PLOTS OF PARAMETERS

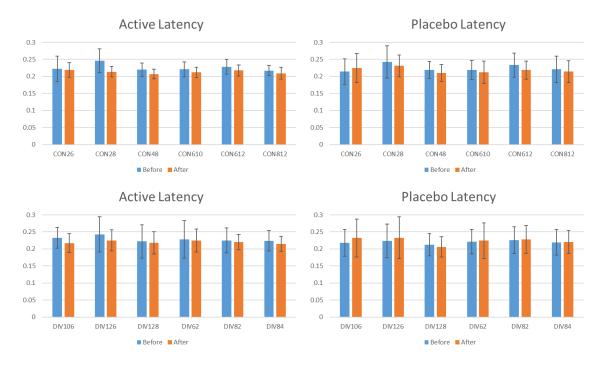


Figure C1 This figure shows the means and standard deviations for convergence and divergence movements for both the active and placebo therapies.

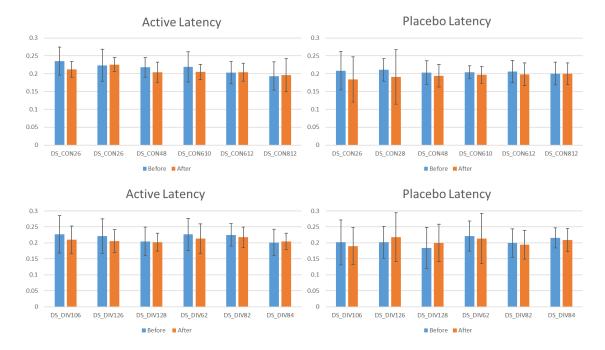


Figure C2 This figure shows the means and standard deviations for disappearing step convergence and disappearing step divergence movements for both the active and placebo therapies.

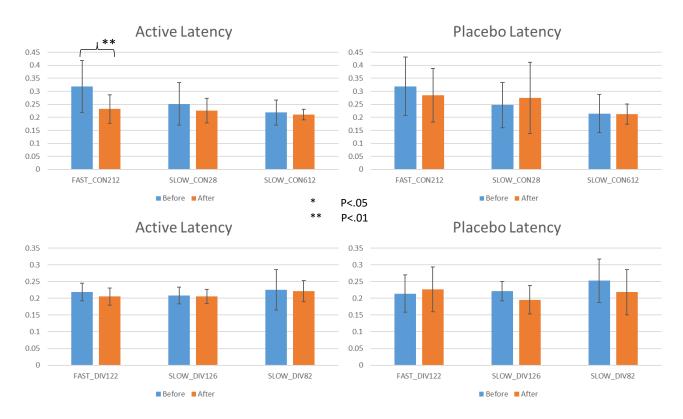


Figure C3 This figure shows the means and standard deviations for stepramp convergence and stepramp divergence movements for both the active and placebo therapies.

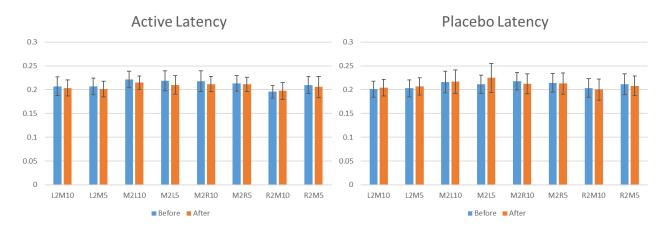
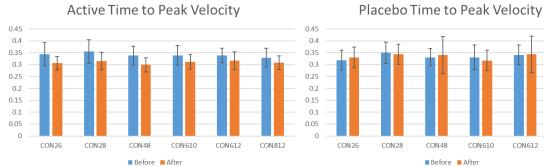
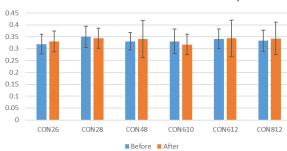
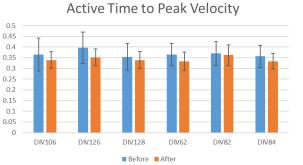


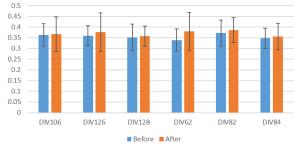
Figure C4 This figure shows the means and standard deviations for saccadic movements for both the active and placebo therapies.

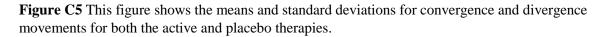


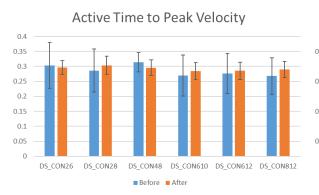




Placebo Time to Peak Velocity









DS_DIV128

Before After

DS DIV62

DS_DIV82

0.6

0.5 0.4

03

0.2

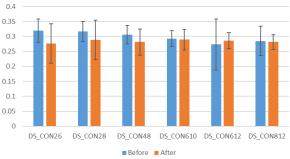
0.1

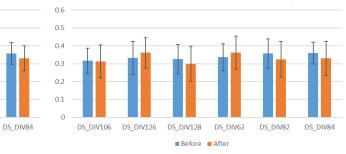
0

DS_DIV106

DS_DIV126

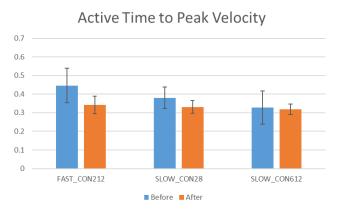
Placebo Time to Peak Velocity



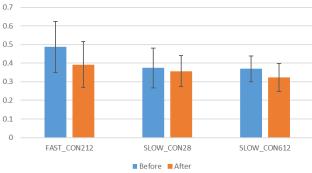


Placebo Time to Peak Velocity

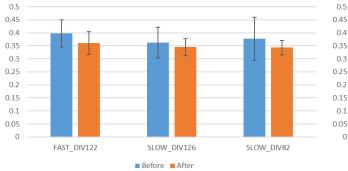
Figure C6 This figure shows the means and standard deviations for disappearing step convergence and disappearing step divergence movements for both the active and placebo therapies.



Placebo Time to Peak Velocity







Placebo Time to Peak Velocity

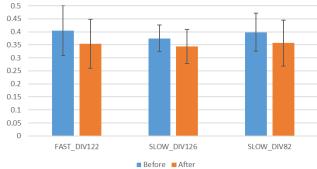
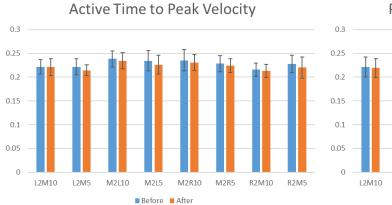


Figure C7 This figure shows the means and standard deviations for stepramp convergence and stepramp divergence movements for both the active and placebo therapies.



Placebo Time to Peak Velocity

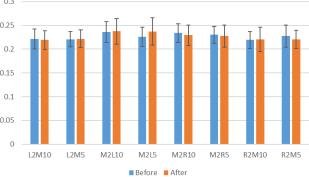


Figure C8 This figure shows the means and standard deviations for saccadic movements for both the active and placebo therapies.

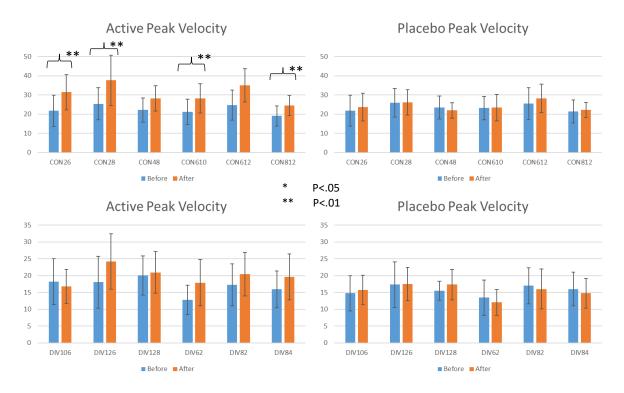


Figure C9 This figure shows the means and standard deviations for convergence and divergence movements for both the active and placebo therapies.

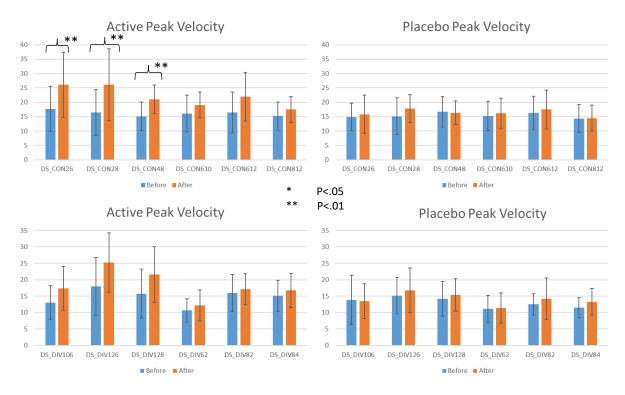


Figure C10 This figure shows the means and standard deviations for disappearing step convergence and disappearing step divergence movements for both the active and placebo therapies.

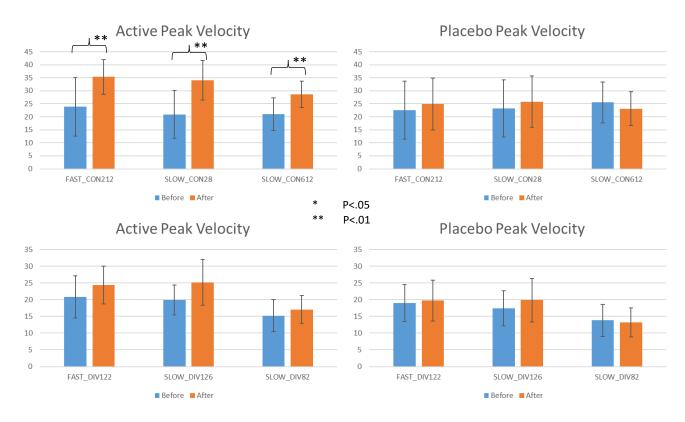


Figure C11 This figure shows the means and standard deviations for stepramp convergence and stepramp divergence movements for both the active and placebo therapies.

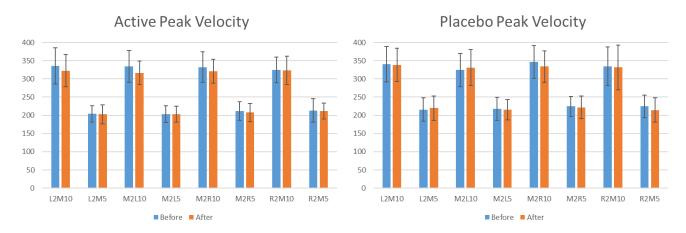
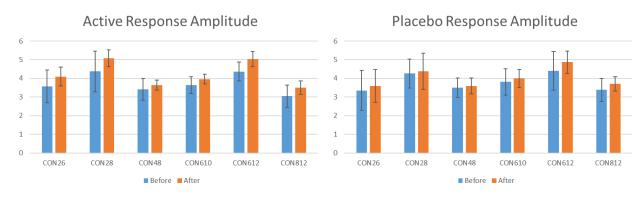
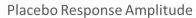


Figure C12 This figure shows the means and standard deviations for saccadic movements for both the active and placebo therapies.







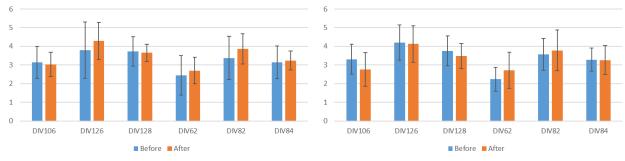
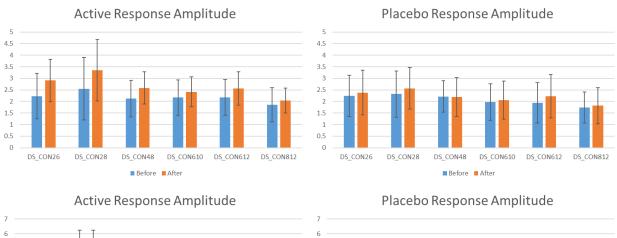


Figure C13 This figure shows the means and standard deviations for convergence and divergence movements for both the active and placebo therapies.



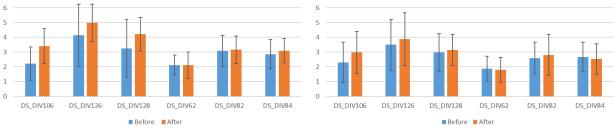
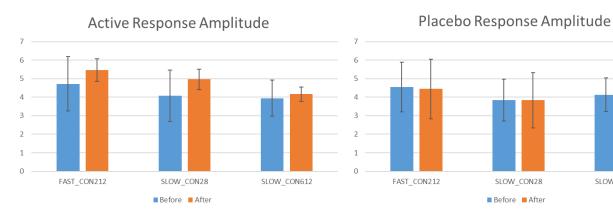


Figure C14 This figure shows the means and standard deviations for disappearing step convergence and disappearing step divergence movements for both the active and placebo therapies.







SLOW_CON612

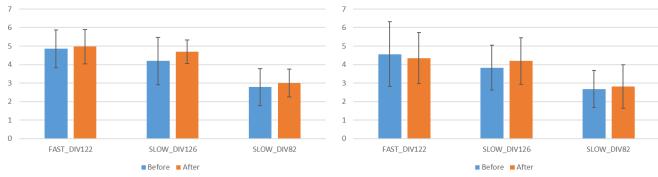


Figure C15 This figure shows the means and standard deviations for stepramp convergence and stepramp divergence movements for both the active and placebo therapies.

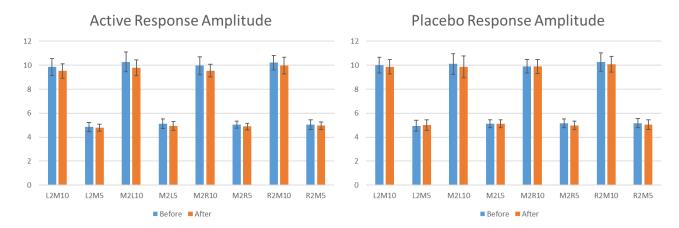
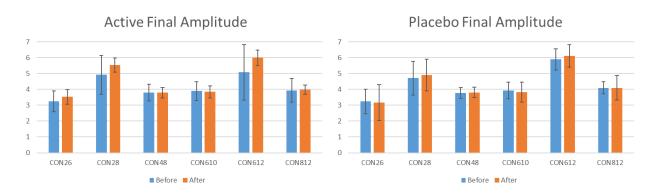


Figure C16 This figure shows the means and standard deviations for saccadic movements for both the active and placebo therapies.



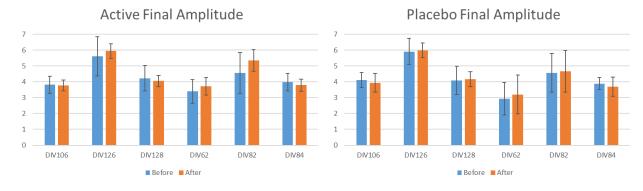


Figure C17 This figure shows the means and standard deviations for convergence and divergence movements for both the active and placebo therapies.

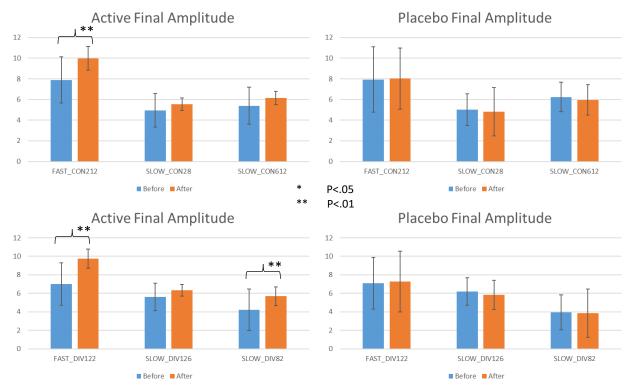


Figure C18 This figure shows the means and standard deviations for stepramp convergence and stepramp divergence movements for both the active and placebo therapies.

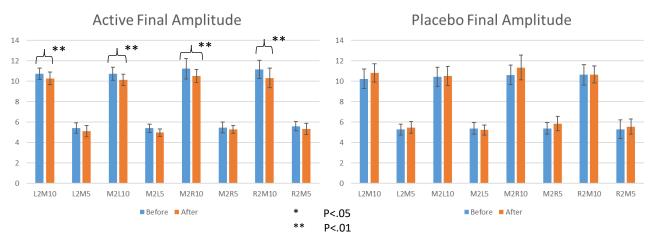


Figure C19 This figure shows the means and standard deviations for saccadic movements for both the active and placebo therapies.

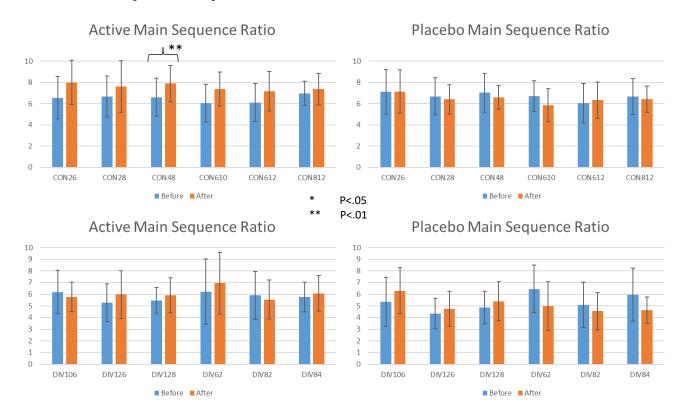


Figure C20 This figure shows the means and standard deviations for convergence and divergence movements for both the active and placebo therapies.

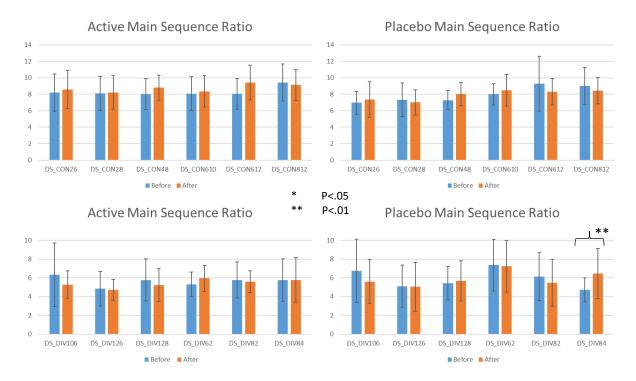


Figure C21 This figure shows the means and standard deviations for disappearing step convergence and disappearing step divergence movements for both the active and placebo therapies.

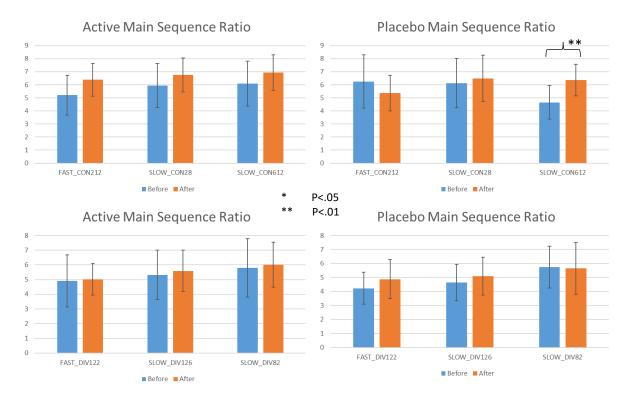


Figure C22 This figure shows the means and standard deviations for stepramp convergence and stepramp divergence movements for both the active and placebo therapies.

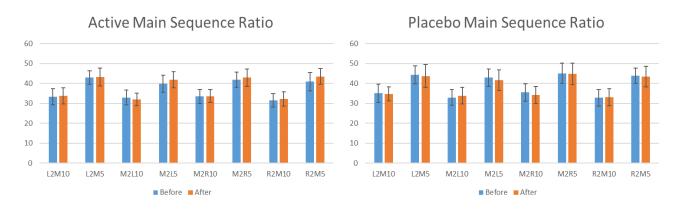


Figure C23 This figure shows the means and standard deviations for saccadic movements for both the active and placebo therapies.

APPENDIX D

CONVERGENCE INSUFFICIENCY SYMPTOM SURVEY

Convergence Insufficiency - Symptom Questionnaire V-15

Name

DATE __/_/_

Subject instructions: Please answer the following questions about how your eyes feel when reading or doing close work. Choose your response from the card that I have just handed you.

		Never	Infrequently	Sometimes	Fairly often	Always
1.	Do your eyes feel tired when reading or doing close work?					
2.	Do your eyes feel uncomfortable when reading or doing close work?					
3.	Do you have headaches when reading or doing close work?					
4.	Do you feel sleepy when reading or doing close work?					
5.	Do you lose concentration when reading or doing close work?					
6.	Do you have trouble remembering what you have read?					
7.	Do you have double vision when reading or doing close work?					
8.	Do you see the words move, jump, swim or appear to float on the page when reading or doing close work?					
9.	Do you feel like you read slowly?					
10.	Do your eyes ever hurt when reading or doing close work?					
11.	Do your eyes ever feel sore when reading or doing close work?					
12.	Do you feel a "pulling" feeling around your eyes when reading or doing close work?					
13.	Do you notice the words blurring or coming in and out of focus when reading or doing close work?					
14.	Do you lose your place while reading or doing close work?					
15.	Do you have to re-read the same line of words when reading?					
	TOTAL Xs in each column	x 0	x 1	x 2	x 3	x 4

Score _____

Figure D1 Convergence Insufficiency Symptom Survey (CISS) used to determine subject use in study. The survey detects CI via the subject's symptoms. Scores below 10 indicate a binocularly normal subject.

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